





### Cocos (Keeling) Islands

The Cocos (Keeling) Islands comprises of 27 coral islands forming two atolls, situated 2768km NW of Perth and 3685km due West of Darwin, is an isolated speck in the Indian Ocean.

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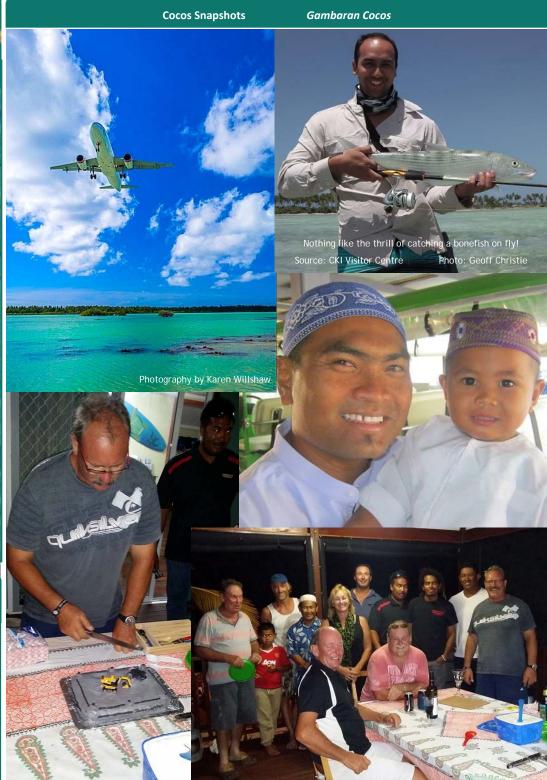
### Making Headlines This Edition... Berita Yang Penting Dalam Edisi Ini...

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# Cocos (K) Islands News Berita Pulu Cocos (K) Public Notices Notis-notis Umam Sports & Rec Review Berita Olahraga & 16 Rekreasi Cocos Snippets Keping-kepingan Cocos Games Kemainan Dates to Remember Tanggal untuk Diingat Cocos Moment Saat Cocos Birthdays Ulang Tahun Upcoming Events

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### Berita Pulu Cocos (Keeling)



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Email: cocosislands@crc.net.au
Web: cocos@crc.net.au
Like us on Facebook! Search for:
Cocos (K) Islands Community Resource Centre
or follow us on Twitter @CocosCRC

### **Rainfall Stats**

Feb Statistics (latest up to 8 Feb): 140.00mm

Latest 2015 Statistics: (latest up to 8 Feb) 232.40mm

2014: 2081.80mm 2013: 2659.40mm 2012: 1464.60mm

### LATEST WEATHER

http://www.bom.gov.au/climate/dwo/IDCJDW60

### BUSINESS BUZZ

Our next Business Buzz session will be held on

### Wednesday 18th March 2015 - 5.00pm

"It's time to make haste and reduce our waste"

Join Tim Francis (Department of Environment Regulation) and Maureen Maher (Keep Australia Beautiful WA) as they take a look at CKI waste issues, the potential social and environmental impacts and solutions for reducing litter and managing waste into the future.

This session is free and open to all, and includes some drinks and nibbles. We envisage this session to go no longer than an hour, and will be held on our CRC verandah.

# Please RSVP by no later than Wednesday 11th March for catering purposes

### Proudly supported by



### Emergency Contact List 91626600

AFP VHF Ch20 DFES HI 91627788 DFES WI 91627777 **IOTHS WI Clinic** 91626655 IOTHS HI Clinic 91627609 VHF Ch24 Shire HI 91626649 Shire WI 91626740 Watercorp 91626722

### Thumbs Up

CIYC's Car Wash on Home Island.

Feel free to email your thumbs up to: communications@cocos.wa.gov.au

### Cocos (Keeling) Islands News (cont'd)

### To escape criticism — do nothing, say nothing, be nothing. ~ Elbert Hubbard





SHIRE NEWS

### Thought for the Day

If life becomes hard, soften it with random acts of kindness. ~ Michael Levy

### Jokes of the Week

There was once a man who lived alone. He wanted to dig his carrot garden, but it was very hard work.

His only son, who would have helped him, was in prison for bank robbery.

The old man wrote a letter to his son and mentioned his predicament.

Shortly, he received this reply," For HEAVEN'S SAKE Dad, don't dig up that garden, that's where I buried the Money!"

At 4 A.M. the next morning, a dozen policemen showed up and dug up the entire garden, without finding any money.

Confused, the old man wrote another note to his son telling him what happened, and asking him what to do next.

His son's reply was: "Now plant your carrots, Dad. It's the best I could do from here."

Jay, Tom and Paul were at a convention together sharing a large suite at the top of a 75-story hotel.

After a long day of meetings, they were shocked to hear that the elevators in their hotel were broken, and they would have to climb 75 flights of stairs to get to their room.

Jay said to Tom and Paul, "Let's break the monotony of this unpleasant task by concentrating on something interesting. I'll tell jokes for 25 flights, Tom can sing songs for the next 25 flights and Paul will tell sad stories for the rest of the way."

At the 26th floor, Jay stopped telling jokes and Jim began to sing. At the 51st floor, Tom stopped singing and Paul began to tell sad stories.

"I will tell my saddest story first," he said. "I left the room key in the car."

### RESTRICTION OF IMPORTATION OF VEHICLES TO HOME ISLAND

The Shire of Cocos (Keeling) Islands would like to remind residents of the Council policy that restricts the importation of vehicles to Home Island.

Council Policy states:

- That the importations of passenger vehicles and utilities to Home Island will not be approved and Council will refuse to issue a motor vehicle registrations licence to passenger vehicles and utilities arriving on Home Island.
- That emergency vehicles be exempt from this restriction
- That Council will consider the licensing of commercial vehicles on Home Island where it can be demonstrated that the use is for bona fide commercial purposes

Council have also received feedback from community members about the misconceptions that should an existing vehicle on Home Island be no longer working that they can swap it with a new one. This however is not the case and that the above Council Policy would apply.

Council would like to remind that before importing a vehicle to Home Island to seek Council's advice. Any illegal importation will result in the refusal of the vehicle being registered and transportation to West Island at the owner's expense.

### MEMASUKKAN KERETA KE HOME ISLAND TIDAK DIBENARKAN

Shire of Cocos (Keeling) Islands ingin mengingati penduduk semua tentang Council policy yang tidak membenarkan kereta memasuki Home Island.

Undang-undang Council menyatakan:

- Yang memasuki kereta pasenja dan ute ke Home Island tidak akan diluluskan dan Council akan menolak mendaftarkan rejistresen untuk lesen kereta berkenaan yang datang di Home Island.
- Yang kereta-kereta untuk emerjensi tidak termsuk dalam pelanggaran ini.
- Yang Council akan pertimbangkan untuk memberi lesen kepada kereta-kereta yang digunakan untuk bisnis di Home Island jika boleh membuktikan yang penggunaan ialah khas untuk penggunaan bisnis berkenaan.

Council juga telah menerima suara daripada penduduk-penduduk tentang salahfaham yang menyatakan jika kereta yang sekarang ada di Home Island ini sudah rusak, boleh diganti dengan yang baru, tetapi ini tidak betul dan undang-undang yang tersebut diatas akan digunakan.

Council ingin mengingati yang sebelom memasukkan kereta ke Home Island untuk dapatkan nasihat daripada Council dahulu. Semua pelanggaran memasukkan kereta ke Home Island akan menghasilkan kereta itu tidak direjista dan dihantar ke Pulu Panjang dengan ongkosnya dipertanggungjawabkan kepada pemiliknya.

### COPRA DRYING SHED RELOCATION

The community might now be aware that the remnants of the Copra Drying Shed have been removed. Under the Town Planning Scheme this area is deemed to be in the middle of an industrial zoned area. Therefore to reconstruct a replica copra drying shed in this location severely restricts the potential for future industrial uses.

At the January Council meeting Council resolved that the replica copra drying shed be built beside the chula shed. It is expected that the construction of the replica Copra drying shed will commence within the next few months.

### PEMINDAHAN RUMAH COPRA

Masyarakat sekarang mungkin telah memperhatikan yang sisah Rumah Copra dulu sekarang telah dibersihkan. Menurut Town Planning Scheme kawasan ini digelarkan berada dalam zone industrial. Justeru itu untuk membuat replika Rumah Copra dalam kawasan ini akan membataskan penggunaan industrial dimasa hadapan.

Pada mitingan bulan January Council telah memutuskan yang replika rumah copra ini akan dibangunkan disebelah chula shed. Diharapkan yang pembangunan replika rumah copra ini akan bermula dalam berberapa bulan yang hadapan ini.







The Council Agenda is now available online on the Friday before Council Meeting is held. Please visit www.shire.cc for your copy.

### ASBESTOS REMOVAL

The Shire of Cocos (Keeling) Islands would like to advise the community that due to operational issues, the Shire is currently unable to accept asbestos for removal.

It is, however, only temporary and is currently being rectified. The community will be notified of it's outcome in the near future.

In the meantime, should you find asbestos, do not endanger yourself, your family or your neighbours by trying to remove or demolish asbestos yourself. You can not dispose of asbestos at Council transfer stations or in household rubbish, recycling or green waste bins.

Please contact Council for advice.

### PEMINDAHAN ASBESTOS

Shire of Cocos (Keeling) Islands ingin menasihati masyarakat yang oleh kerana perkara-perkara operasi, Shire dimasa ini tidak boleh menerima asbestos untuk dipindahkan.

Tetapi, ini hanya sementara waktu kerana perkara ini sedang diperbetulkan. Masyarakat akan diberitahu tentang keputusannya dimasa hadapan.

Pada masa kini, jika kamu dapat asbestos, jangan membahayakan diri sendiri, keluarga atau jiran kamu dengan mencoba memindahkan atau merombak asbestos sendiri. Kamu tidak boleh membuang asbestos ditempat sampah Council atau dalam bin sampah, bin recycling atau bin sampah hiju.

Silah hubungi Council untuk nasihat.



### RELOCATION OF RUBBISH FROM TRANSFER STATION

The Shire of Cocos (Keeling) Islands have noticed an increase in the amount of rubbish being removed from the Transfer Stations and being relocated to other Shire controlled land.

Whilst the Shire understands the intentions behind these relocations, it is also important to remember that no rubbish is to be left on shire controlled land

The Shire requests the cooperation from residents to cease these practices.

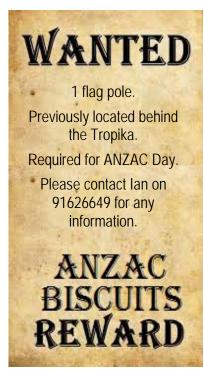
### PEMINDAHAN SAMPAH DARIPADA TEMPAT SAMPAH

Shire of Cocos (Keeling) Islands telah menandakan yang telah menambah orang-orang memindahan sampah daripada tempat sampah dan ditempatkan ditanah lain yang dimiliki oleh Shire.

Walaupun Shire mengerti tujuan disebalik tindakkan ini, yang pinting untuk diingat ialah sampah tidak dibenarkan untuk ditinggalkan ditanah milik Shire.

Shire meminta kerjasama semua untuk berentikan tindakkan seperti ini.





### ATOLL DISTRIBUTION

The Expression of Interest for The Atoll distribution have been extended to 2nd March 2015 due to delivery delays with the last edition of the Atoll. Those who have submitted an expression of interest letter recently will not be required to submit again.

The Shire of Cocos (Keeling) Islands is seeking a dedicated and enthusiastic young person to take on the role of distributing the fortnightly Atoll Newsletter on Home Island and West Island.

This is a great opportunity to gain some extra cash! Please forward your interest with approval from parents to the undersigned by Monday 2nd March 2015. For more information please contact Azia Bulka at the Shire Office on 9162 6649.

### PEMBAGIAN SURAT KABAR ATOLL

Tunjuk keminatan untuk membagi suratkabar Atoll telah dimundurkan lagi hingga penutupan pada 2hb March 2015 oleh kerana pembagian edisi Atoll yang terlambat minggu lepas. Sesiapa yang telah memasukkan surat tunjuk minat kebelakangan ini tidak perlu untuk memasukkannya lagi.

Shire of Cocos (Keeling) Islands sedang mencari orang-orang muda yang bersungguh-sungguh dan bersemangat untuk menjalankan pembagian suratkabar Atoll di Home Island dan Pulu Panjang setiap dua minggu sekali.

Ini adalah peluang baik untuk mendapatkan duit tambahan! Silahkan hantar surat keminatan kamu dengan keizinan dari ibubapak kepada Mak Nabiya sebelom hari Senin 2hb March 2015.

Sesiapa yang sudah memasukkan surat tunjuk keminatan baru-baru ini tidak perlu memasukkannya lagi. Untuk keterangan selanjutnya silah hubungi Mak Nabiya di Opis Shire dinomor 9162 6649.



### **BONFIRES ON BEACHES**

The Shire of Cocos (Keeling) Islands have been in receipts of complaints from concerned community members regarding potentially dangerous debris, including nails from burnt pallets that have been left behind after beach bonfires.

Bonfires are allowed on the beach, however, Council would like to remind residents that bonfires are to be placed below the high tide point and that only dry greenwaste is to be burnt. It is illegal to leave before fully extinguishing any fires

The public has access to the beautiful beaches of Cocos 24 hours a day, 365 days a year. The beaches are here for everyone to enjoy and we hope that your activities can be guided by common sense.

### MEMBAKAR (BONFIRE) DIPANTAI

Shire of Cocos (Keeling) Islands telah menerima berberapa komplenan daripada penduduk masyarakat yang berkuatiran dengan sisah-sisah yang berbahaya, termasuk paku-paku daripada pallet yang ditinggalkan selepas membakar ditepi laut.

Membakar ditepi laut itu memang dibenarkan, tetapi, Council ingin mengingati penduduk yang 'bonfire' mesti dibuat dibawah batasan ayer besar dan hanya sampah pokok-pokok boleh dibakar. Meninggalkan api menyalah begitu saja sebelom mati melanggar undang-undang.

Masyarakat umum mempunyai izinan terhadap pantai-pantai yang cantik di Pulu Cocos 24 jam sehari, 365 dari setiap tahun. Pantai-pantai ini adalah untuk semua menikmati dan kami harap aktiviti-aktiviti semua boleh di kawali dengan persaan dan berakal.



### **VEHICLE STORAGE AREA**

The lack of a dedicated space for unused/dilapidated vehicles has resulted in many vehicles being illegally dumped which is detracting from the Islands beauty.

The Shire is pleased to advise that it is currently rearranging the West Island Transfer Station site to assign a Vehicle Storage Area within it.

The community is encouraged to contact the Shire to arrange the relocation of their unused vehicle/s. All fees to relocate your vehicle to this area will be waived until 30 June 2015.

### TEMPAT SIMPANAN KERETA

Kekurangan tempat untuk kereta-kereta yang buruk telah menghasilkan kereta-kereta dibuang secara menyalahi undang-undang yang menyingung kecantikkan pulu ini.

Shire dengan girang hati menasihati yang kami sedang mengaturkan kembali kawasan tempat sampah Pulu Panjang dan membuat kawasan untuk tempat simpanan kereta.

Masyarakat disokong untuk menghubungi Shire untuk mengurusi pemindahan kereta-kereta mereka yang tidak digunakan. Semua ongkos untuk memindahkan kereta-kereta kamu ketempat ini akan dibatalkan hingga 30hb June 2015.





### COCONUT HUSK LEFT NEAR BOAT RAMP-KAMPONG ATAS

I, Shire Ranger (Razali Zainiel) would like to remind all local residents, that coconut husk is not appropriate to be left on any shire controlled land at any time anywhere. It is my duties to make sure that any rubbish or litter should not be left or dump illegally on shire controlled land.

I remind all residents, that whoever is responsible for this action should take these issues more seriously.

Please note: Below is a picture of coconut husk been taken by the Shire Ranger (Razali Zainiel) on the 05/02/2015 at 0800 hrs left near the boat ramp at Kampong Atas.

Thank you for your co-operation.



### SABUT DITINGGALKAN DI RAMP SEKOCI-KAMPONG ATAS

Saya, Shire Ranger (Razali Zainiel) ingin mengingati semua penduduk yang sabut tidak dibenarkan untuk ditinggalkan ditanah yang diawasi oleh shire. Kerjaan saya ialah untuk menjaga sampah-sampah dan buangan sampah-sampah yang ditinggalkan atau dibuang secara melanggar undang-undang di tanah yang diawasi oleh shire.

Saya ingatkan kepada yang bertanggungjawab untuk mengambil tindakkan dengan perkara seperti ini dengan lebih berat.

Nota: Gambar diatas menunjukkan sabut yang dipetik oleh Shire Ranger (Razali Zainiel) pada 05/02/2015 jam 0800 hrs yang ditinggal di ramp sekoci di Atas.

Terima kasih atas kerjasama semua.

### Razali Zainiel

C (K) I Ranger Services Shire of Cocos (Keeling) Islands

Po Box 1094, Cocos (Keeling) Islands, Western Australia 6799

Email: <u>ranger@cocos.wa.gov.au</u> T: 08 9162 6649 F: 08 9162 6668

### SALE OF SURPLUS SHEDS

The Shire of Cocos (Keeling) Island invites tenders for the purchase of the following surplus sheds on a as is, where is basis.



### JUALAN SHED YANG TIDAK DIGUNAKAN

Shire of Cocos (Keeling) Island menjumput tenda untuk membeli shed berikut secara 'as is, where is'.





It is a requirement that successful tenderers will be required to remove the sheds within 28 days of being notified of having been successful. Any unwanted building material from the sheds is required to be removed and it will be the successful tenderers responsibility to ensure the site is left clean and free of any building material whether broken or otherwise.

For further information relating to the conditions of the sheds or to arrange an inspection, please contact the Shire's Manager of Works, Mr Ian Evans on 9162 6649 during office hours.

Anyone wishing to purchase one of these sheds is required to submit a tender in writing and submitted in a sealed envelope addressed to the undersigned. Tenders must be received no later than 4pm Wednesday 18th March.

Your tender must include the following details:

- Your Name
- · Which shed you are tendering for
- The price offered
- · The intended use of the shed

Aaron Bowman Chief Executive Officer Shire of Cococs (Keeling) Islands PO Box 1094 Home Island

Please note the highest tender offered will not necessarily be the successful tender.

Diperlukan daripada tenda yang berhasil untuk memindah shed dalam masa 28 hari daripada notis yang diberitahu mereka berhasil. Segala pekakas-pekakas yang tidak dimahu daripada shed berkenaan mesti diangkat dan ini adalah tanggungjawab tenda yang berhasil untuk memastikan kawasan ini ditinggalkan dengan bersih dan lapang daripada pekakas bangunan itu walaupun sampah ataupun tidak.

Untuk keterangan selanjutnya berkenaan keadaan shed-shed tersebut atau untuk membuat appointment untuk periksa, silah hubungi Shire's Manager of Works, Mr Ian Evans dinomor 9162 6649 dimasa kerjaan.

Sesiapa yang ingin membeli salahsatu shed ini diperlukan untuk memasukkan tenda secara tertulis dan dimasukkan dalam envelop yang dialamatkan kepada orang yang sain dibawa ini. Tenda-tenda mesti diterima sebelom jam 4 soreh Rebo 18<sup>hb</sup> March.

Tenda mesti mengandungi keterangan berikut:

- Nama Kamu
- Shed yang mana kamu mau tenda
- Harga yang diberikan
- Tujuan gunaan shed itu.

Aaron Bowman Chief Executive Officer Shire of Cococs (Keeling) Islands PO Box 1094 Home Island

Tolong perhatikan yang tenda yang paling tinggi tidak semestinya tendaan yang berhasil.



# West Island Market Day

Saturday 14th March
10.00am - 1.00pm

Community Resource Verandah

To book your FREE table please
contact us on 9162 7707 or
email: cocosislands@crc.net.au



Please note: All food items must be prepared in an approved kitchen and be packed and stored appropriately. Please contact the Cocos Islands CRC or Shire of Cocos Keeling Islands for further information.



### MARKET DAY REGISTRATION FORM

Please	tick one of the following:		
	Private stall holder		
	Non-Profit Community Organisation		
Applied	ant Dataila:		
	ant Details:		
Addres	ss:		<u> </u>
Teleph	one:		<u>_</u> p
Email:			
Name	of Community Organisation (if applicable)	:	
Stall T	ype (Food, Art, Merchandise etc):		-
Food T	Гуре:		
Where	is the food being prepared:		
_	On site		
_	Other premises Address of approved	kitchen:	
Is food	cooked and cooled before being transpo	rted to the Market Day?	□ Yes □ No
	transported to the stall in a cooler/esky?		□ Yes □ No
Is food	preparation occurring on site?		☐ Yes ☐ No
Is food	being sold in labelled containers?		□ Yes □ No
Tempe	erature control methods		
	ods must be kept above 60°c, cold foods	to be kept below 5°c	
	ods (e.g. bain marie, oven):		
Cold fo	oods (fridge, esky with ice):	205 00 W 200	
Money food.	and food are to be handled separately.	Utensils and gloves are	to be used to handle
Signatı	ure: [		_
	Printed: Friday, 20 February 2015	Page	a 9



Administration Building (PO Box 1039) Cocos Keeling Islands WA 6799 P: 08 9162 7707 F: 08 9162 7708 E: cocosislands@crc.net.au W: www.cocos@crc.net.au



Wristband



### NOW AVAILABLE FROM THE COCOS ISLANDS COMMUNITY RESOURCE CENTRE!

### Fitness on Track

Fitbit Flex tracks all information necessary to your fitness, including steps taken, calories burned, distance travelled, active time, hours slept and quality of your sleep. With the information collected and by logging your meals and workouts, Fitbit Flex provides you with insight into the status of your health.

### Lifestyle Review

Sync the Fitbit Flex to your iPhone or Android device to get an overview of your fitness activity. Data collected from your Flex can be reviewed with free online tools and a mobile app that allows you to track your progress on detailed graphs and charts. View your progress wherever and whenever you want with the mobile app

### Achieve your Goals

Stay on track with daily updates via a simple LED light system and use the mobile app to track monthly goals. Fitbit Flex gives you information, and the motivation, to reach your goals and aim higher. Your dashboard also reveals how long you slept and the number of times you woke up to help you understand your nightly sleep cycle.

### Discrete Design

Fitbit Flex has a sleek and slim design that sits comfortably around your wrist. The Flex is so discrete you may often forget you are wearing it. The water resistant design also includes a silent wake up alarm - making it easier for you to get up in time for your morning run. Flex is your perfect companion that you can wear day and night.

Proudly supported by



### Did You Know???

Human muscles are limited by our brain-we actually have the strength to move cars and boulderst

### **Brainteaser Central!**

I know a word of letters three, add two and fewer there will be?

Answer in 'Games' page.

### **Cocos Malay Words**

Sick - Sakit

Healthy - Sehat

Headache - Sakit Kepala

Toothache - Sakit Gigi Bodyache - Sakit Badan

Coughing - Batuk-batuk

Fever - Demam

Medicine - Obat

### Cocos (Keeling) Islands News (cont'd)



Car - \$20

Motorbike - \$10

**SAUSAGE** SIZZLE \$5.00

### Berita Pulu Cocos (Keeling) (seterusnya)

Saturday 28th February 2015

10am - 1pm

Wash Bay area at Water Corp.



### **FUN FUN FUNDRAISER** FOR THE CIYC

### Rest - Rehat GOLF CAR WORL www.ezgowa.com.au

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### Geof's Birds Nest





Yes there was an article I will resend. This Western Osprey was first sighted by Pam on Christmas day, it is the first recorded sighting for Cocos and Australia. In the past other Sea Eagles have been spotted catching fish off Home Island by some of the oldies like Nek Fazerie,



These birds dive into the water to catch fish and have unique feet with two talons facing forward and two talons facing back to grab slippery fish.



### Christmas Island Internet Administration Limited

ACN 091 843 417

Tel 9164 8808 Fax 9164 8879

### Introducing Indian Ocean Territories Telecom (IOTT)



Commencing March 1<sup>st</sup> 2015 Indian Ocean Territories Telecom (IOTT) will be the operator of the Cocos Islands ISP & Mobile Network. IOTT operates solely on the Cocos Islands and hence will be able to provide local focus for both billing and support.

Christmas Island Internet Administration (CiiA) will cease to bill Residential and Small Business Customers. From March 1<sup>st</sup> IOTT will invoice ISP Customers.

Larger Commonwealth & Corporate Customers may take a month or two to cut over and put under contract with IOTT. These will be contacted in due course over the coming weeks.

A new billing system is currently being rolled out which will simplify and improve account management and usage tracking for ISP customer. This will have a secure credit card billing gateway for customer payments.

There will be minor interuptions to the network whilst the new system is being rolled out. We will notify when which base stations will cut over to the new system and endeavour to keep any interuptions to a minimum.

Support contacts are:

email: support@cki.cc phone: 08 9162 7715

Please contact myself regarding any queries.

Brad Waugh ph. 0406 329 011

Christmas Island Mailing Address PO Box 496 Christmas Island WA 6798

### Cocos (Keeling) Islands News (cont'd)

### Berita Pulu Cocos (Keeling) (seterusnya)

# Indian Ocean Territories Health

### HEALTH SERVICE COMPLAINTS, COMPLIMENTS AND COMMENTS

Indian Ocean Territories Health Service provides health care to the communities of Christmas and Cocos Keeling Islands. We aim at all times to be responsive to the needs of our patients and to the needs of our communities, and

to provide a high standard of care.

The feedback we receive at the Health Service (both informal and formal) is used to plan and improve our service. We appreciate all feedback in the form of complaints, suggestions and compliments and encourage users of our service to provide us with feedback about your experience.

To make a complaint, comment or compliment about the Health Service there are several options.

Write to us: Ms Leslie Heath, Health Service Manager, PO box 865, Christmas Island, 6798.

Or email; leslie.heath@infrastructure.gov.au

Call us; (08) 9164 8333 – Health Service Manager Ms Leslie Heath

Director of Public Health and Medicine, Ms Julie Graham

If you are not satisfied that a complaint you have made has been attended to appropriately, we invite you to contact the Health and Disability Services Complaints Office;

Freecall: 1800 813 583 Email: mail@hadsco.wa.gov.au Post: PO Box B61, Perth, WA, 6838

### SUNGUTAN, PUJIAN DAN KOMEN MENGENAI PERKHIDMATAN KESIHATAN

Perkhidmatan Kesihatan Wilayah Lautan Hindi menyediakan khidmat penjagaan kesihatan kepada komuniti penduduk di Pulau Christmas dan Kepulauan Cocos (Keeling). Matlamat kami adalah untuk segera bertindak memenuhi keperluan para pesakit kami serta keperluan komuniti kami, dan untuk memberikan penjagaan bertaraf tinggi.

Maklum balas yang kami terima di Perkhidmatan Kesihatan ini (yang formal dan juga yang bukan formal) digunakan untuk merancang dan menambah baik perkhidmatan kami. Kami hargai semua maklum balas dalam bentuk sungutan, cadangan dan pujian, dan kami galakkan para pengguna perkhidmatan ini memberi kami maklum balas mengenai pengalaman anda.

Untuk mengemukakan sungutan, komen atau pujian mengenai Perkhidmatan Kesihatan, anda diberi beberapa pilihan.

Secara bertulis kepada: Puan Leslie Heath, Health Service Manager, PO box 865, Christmas Island, 6798.

Melalui e-mel ke: leslie.heath@infrastructure.gov.au

Telefon: (08) 9164 8333 - Pengurus Perkhidmatan Kesihatan, Puan Leslie Heath

Pengarah Kesihatan Dan Perubatan Awam, Puan Julie Graham

Jika anda rasa bahawa aduan yang anda kemukakan tidak diberi perhatian sewajarnya, hubungilah Pejabat Aduan Perkhidmatan Kesihatan Dan Ketidakupayaan.

Talian percuma: 1800 813 583 E-mel: mail@hadsco.wa.gov.au Pos: PO Box B61, Perth, WA, 683

### **Green Living Tips**

### 9 Easy Ways to Go Green!

- → Buy a reusable water bottle -This can be refilled and you will avoid having to purchase cases of the plastic ones.
- Unplug unused appliances and chargers.
- → Keep curtains open during the day for some natural lighting instead of turning on the lights.
- → Support local and shop local.
- → Fix those leaky faucet that drips once per minute, that equals to about 34 gallons wasted per year!
- → Shut down your computer completely at night.
- → Share you books and magazines or opt for an online version instead.
- Use reusable shopping bags! They hold more items and are easier to carry around and fewer trips are needed when bringing groceries into the house.
- → Turn off the lights when leaving a room.

More tips in next edition...



The Cocos Club AGM will be held at the Club at:

7.00pm On 26th February 2015.

All members are invited to attend.



Printed: Friday, 20 February 2015



### Government of **Western Australia**Department of **Fisheries**

### Fish for the future

### Fisheries fun facts

Under a Service Delivery Agreement with the Department of Infrastructure and Regional Development, The Department of Fisheries WA (DoF) manages commercial fishing, recreational fishing and aquaculture activities at the Indian Ocean Territories (IOTs).

Since 2006, DoF has conducted research on commercial, recreational and iconic fish species, as well as fish habitats and invertebrates. Results of this research can be found at <a href="https://www.fish.wa.gov.au/IOTs">www.fish.wa.gov.au/IOTs</a>

DoF would like to share the research results and some Fun Facts on species found at the IOTs with the community. Watch this space!

### Mullet

Two species of mullet are found in the lagoon at Cocos (Keeling) Islands; Diamond scale mullet (*Liza vaigiensis*) and sea mullet (*Mugli cephalus*). Both species have small triangular mouths, two separate dorsal fins and no lateral line – the organ that helps fish detect movement and vibration in surrounding water. They mainly feed on algae and have very small teeth.

Diamond scale mullet (*Liza vaigiensis*) is one of the biggest species of mullets growing to over 50cm in length. They are easily identified by their distinct diamond shaped scales that have a black edge. They are often seen in large schools.

Feel free to contact Kim Boothman, Community Education Officer for the IOTs, at any time on <a href="mailto:Kim.Boothman@fish.wa.gov.au">Kim.Boothman@fish.wa.gov.au</a> or Work: 9203 0345/Mobile: 0418 915 281.



### Fakta Fisheries Yang Menyenangkan

Dibawa Service Delivery Agreement dengan Department of Infrastructure and Regional Development, The Department of Fisheries WA (DoF) mengurusi pemancingan 'commercial', pemancingan rekreasi dan aktiviti aquaculture di Indian Ocean Territories (IOTs).

Semenjak 2006, DoF telah menjalankan penyelidikkan dalam commercial, rekreasi dan jenis ikan-ikan ikonik, temasuk tempat tinggal ikan dan invertebrates. Hasil daripada penyelidikkan ini boleh didapati di <u>www.fish.wa.gov.au/IOTs</u>

DoF ingin berkongsikan hasil penyelidikkan dan berberapa "Fun Facts" berkenaan jenis-jenis yang didapati di IOTs dengan masyarakat. Jaga halaman ini!

### Belanak

Dua jenis belanak didapati dilagoon Pulu Cocos (Keeling); Jenis sayap hitam (Liza vaigiensis) dan belanak biasa (Mugli cephalus). Kedua-dua jenis mempunyai mulut seperti segitiga, dua sirik atas dan tidak mempunyai 'lateral line' - tubuhbadan yang membantu ikan merasa gerakkan di ayer sekitarannya. Mereka biasa memakan algae dan mempunyai gigi yang halus.

Ikan sayap hitam (Liza vaigiensis) adalah jenis belanak yang terbesar yang boleh membesar hingga 50cm panjangnya. Mereka senang diberitau dengan sisik mereka yang bersegi berlian dengan pinggaran hitam. Mereka sering diketemu dalam kumpulan yang besar.

Silahkan hubungi Kim Hands, Community Education Officer untuk IOTs, bila-bila masa saja di Kim.Boothman@fish.wa.gov.au atau Kerjaan: 9203 0345/Mobile: 0418 915 281.

## THE HON WARREN SNOWDON MP SHADOW PARLIAMENTARY SECRETARY FOR INDIGENOUS AFFAIRS SHADOW PARLIAMENTARY SECRETARY FOR NORTHERN AUSTRALIA SHADOW PARLIAMENTARY SECRETARY FOR EXTERNAL TERRITORIES

### FEDERAL MEMBER FOR LINGIARI

### **MEDIA RELEASE**

### Community Development Grants Program Open for IOT

The Federal Member for Lingiari, Warren Snowdon, is encouraging community groups on Christmas and Cocos (Keeling) Islands in the Indian Ocean Territories (IOT) to apply for funding under the Australian Government's Round Two of the IOT Community Development Grants Program.

- "The program will deliver funding for projects in the Territories of Christmas Island and Cocos (Keeling) Islands," Mr Snowdon said.
- "This funding delivers targeted community projects which will strengthen economic development, increase productivity and create local jobs, improving the islands' livability.
- "Last year's program delivered funding for 31 successful community projects including the Sydney Emden 100 Year Anniversary commemoration.

Other projects included arts and cultural activities, new equipment for St John Ambulance Service, upgrades to the Christmas Island Golf Club and Kung Fu Association facilities, as well as funding to support regular sailing regattas on the Cocos (Keelings) Islands.

"Infrastructure projects funded included improved waste management facilities and practices on Christmas Island and the Home Island Waste Incinerator on Cocos," Mr Snowdon said.

Further information about Round Two of the Indian Ocean Territories Community Development Grants Program is available from: <a href="https://www.regional.gov.au/territories/indian\_ocean/iot\_grants.aspx">www.regional.gov.au/territories/indian\_ocean/iot\_grants.aspx</a>.

"Applications for the Indian Ocean Territories Community Development Grants Program will open on 20 February 2015," Mr Snowdon said.

Mr Snowdon is interested in hearing from IOT community groups and can be contacted at his office on 08 8952 9696.

THURSDAY, 19 FEBRUARY 2015

MEDIA CONTACTS: LUKE GOSLING 0488 484 689



### Government of Western Australia

### Department of Commerce

### TENANCY RULES HAVE NOW CHANGED TO HELP IMPROVE CHILD SAFETY

Islanders who rent out properties must now provide new tenants with additional information. A recent change to the Residential Tenancies Act means that, at the beginning of every new tenancy, tenants must now be provided with an information sheet that outlines their key rights and obligations.

In particular, these forms contain important safety information about the dangers blind or curtain cords and swimming pools pose for small children.

Unfortunately, over recent years a number of children have been strangled and died by looped blind or curtain cords and chains, plus a 3 year old recently drowned in a rental property in Kalgoorlie. As a result of these tragic events a range of product safety standards have been introduced that apply to rental properties.

The messages are quite simple:

All internal blind and curtain cords must be secured, or be at least 1.6 metres above the floor so they can't strangle babies and young children; and Barriers are required for all backyard swimming pools and spas.

The new forms contain information about the role of local government and landlords. If you rent out a property the new Form 1AC and 1AD can be found on the Consumer Protection website: <a href="www.commerce.wa.gov.au/consumerprotection">www.commerce.wa.gov.au/consumerprotection</a>. Further information on blind/curtain cords is available at <a href="www.productsafety.gov.au">www.productsafety.gov.au</a> and for pool/spa safety download information from <a href="www.buildingcommission.wa.gov.au">www.buildingcommission.wa.gov.au</a>.

For advice on this new requirement, or for any other consumer protection matters, call: 1300 30 40 54 or email <a href="mailto:joan.susinetti@commerce.wa.gov.au">joan.susinetti@commerce.wa.gov.au</a>



### Cocos Islands Golf Club News & Results

### Golf Club News

The Cocos Islands Golf Club recently held their Annual General Meeting. A big thanks to the outgoing Committee, particularly Helen Bennet who has stepped down from her role as Treasurer after many years.

### 2015 Committee

President: Paul Harrison
Secretary: Kelly Edwards
Treasurer: Kylie James
Club Captain: Basil Nelson

Scroungers Captain: Leah Stratford/Dan & Bec Seinor

Bar Manager: Jennie Richardson Groundsman: Ryan Breadsell Committee Member: Colin Bloomfield

The Cocos Islands Golf Club would like to also take the opportunity to thank Ryan, Ray, Colin, Wazza and Rohan for their hard work mowing the fairways. After so much rain, our course is looking the best it has in a long time.

2015 Membership forms are now available from The Donga. Membership benefits include discounted green fees and a key to the ice machine for your personal use. Please remember that many people use the ice machine, and it should never be emptied.

A draft calendar of events is currently being compiled, with exciting events to be held during the year including:

Corporate Day
Family Membership Day
Night Golf
Novelty Scroungers events, including the popular Pink Scroungers
Black Tie Presentation Evening

We look forward to seeing you at The Donga!

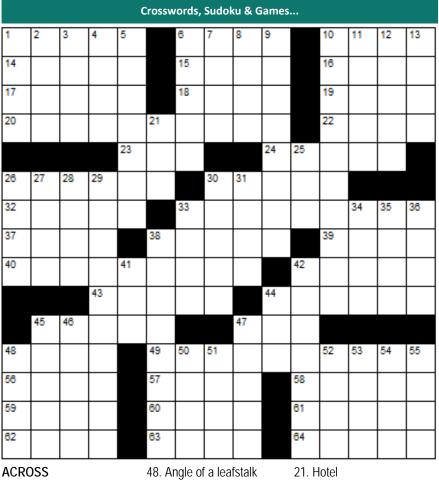


### **Healthy Living Tips**

10 Tips to Live By, for Heart-Healthy Families

- Keep portions small, to have less wasted food, and avoid obesity
- Watch calories to maintain a healthy weight
- 3. Provide kids nutritious snack choices, ready to grab on the qo
- Use soft spread margarine labelled zero trans fats in place of butter to help reduce intake of saturated fat, trans fat and cholesterol
- Don't let anyone skip breakfast; a healthy breakfast is essential for a productive day
- Choose beverages wisely. Include nonfat or low fat milk and drink plenty of water and other non-sweetened beverages like tea
- Make the dinner occasion a family get-together occasion, and turn the TV off while eating
- 8. Offer your family plenty of fruits and vegetables every day
- Prepare low-fat versions of your family's favourite meats and poultry, use low fat cheeses and milk and eat at least 2 servings of fish per week in place of fatty meats
- Choose whole grain foods as a good source of fiber

More tips in next edition...



- 1. Relative of a giraffe
- 6. Radar signal
- 10. Highest point
- 14. Smooth brown oval nut
- 15. Roman moon goddess
- 16. Killed
- 17. Small slender gulls
- 18. Boats
- 19. Arid
- 20. Drowsiness
- 22. Makes a mistake
- 23. Writing liquid
- 24. Annoying
- 26. Present-day
- 30. Double-reed instruments 3. Unit of land
- 32. American aloe
- 33. Decoration
- 37. Bristle
- 38. Submarine
- 39. Decorative case
- 40. Adolescents
- 42. Serpent
- 43. Fish respiratory organs
- 44. Shred
- 45. Lacquer ingredient
- 47. Unhappy

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- 49. Mediator
- 56. French for Finished or

Done

- 57. Beige
- 58. Climb
- 59. Beers
- 60. Store
- 61. Half of six
- 62. Lease
- 63. Scatters seeds
- 64. Church council

### **DOWN**

- 1. Chooses
- 2. Ship part
- 4. Piece of glass
- 5. Exhort
- 6. Void of expression
- 7. Attraction
- 8. Writing fluids
- 9. Travel document
- 10. Appraisal
- 11. Office worker
- 12. Joyous
- 13. Female sheep (plural)
  - 983159 b 6 9 8 7 9 1 6 Z 2 3 1 3 2 6 7 8 4 1 2 8 2 8 9 1 6 **9 9** ε 3 1 6 8 8 5 7

- 25. Poetic dusk
- 26. Spar
- 27. Curved molding
- 28. A romantic meeting
- 29. A preacher
- 30. Smells
- 31. Feathery scarves
- 33. Cain's brother
- 34. French for "State"
- 35. Microwave (slang)
- 36. Layer
- 38. Hideousness
- 41. Ambition
- 42. They love to inflict pain
- 44. Make lace
- 45. Banish
- 46. Flax fabric
- 47. Broths
- 48. A long way off
- 50. Reflected sound
- 51. Get bigger
- 52. Sore
- 53. Mountain pool
- 54. Margarine
- 55. Marsh plant

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	3	7	5		2	4	1	
	5		6		1		7	
	6			4		5		3

Sudoku

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Daily SuDoku: Wed 18-Feb-2015

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Daily Squiggly SuDoku: Wed 18-Feb-2015

medium

6

### How do I do it?

8

The object is to insert the numbers in the boxes to satisfy only one condition: each row, column and group of squares enclosed by the bold lines must contain the digits 1 through 9 exactly once.

The rules for different size and shape puzzles are pretty much identical. The different size puzzles simply require a different set of numbers.

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The word /"few/". Add /"er/" and it becomes

Brainteaser Answer

Crossword Solutions

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suojanjos nyopns Printed: Friday, 20 February 2015

		Dates to Remember	Tanggal Untuk Diingat	
Date	Time	Particulars	Venue	Contact
25/02	6pm	Annual General Meeting of Electors	Council Chambers	Ibrahim 91626649
26/02	7pm	Cocos Club AGM	Club	
28/02	10am-1pm	Youth Car Wash	WaterCorp	Azia 91626649
02/03	12pm 3.30pm 4pm	Council Owned Property Lease Community Funding Program Atoll Distribution EOI	Refer ad pg5	Joanne 91626649 Luluk 91626649 Azia 91626649
11/03	5pm	Business Buzz RSVP deadline	Refer ad pg2	CRC 91627707
14/03	10am-1pm	West Island Market Day	Refer ad pg8-9	
18/03	4pm	Sale of Surplus Sheds	Refer ad pg7	Aaron 91626649

### Birthdays & Anniversaries

Wish to send love ones special messages on their birthdays and anniversaries?

Drop in at the Telecentre or email <a href="mailto:communications@cocos.wa.qov.au">communications@cocos.wa.qov.au</a>

### "A Cocos Moment"



Big Ted living it up at the West Island Transfer Station

Do you have a Cocos Moment you would like to share?

Email your favourite photo to cocosislands@crc·net·au or drop into the Community Resource Centre·

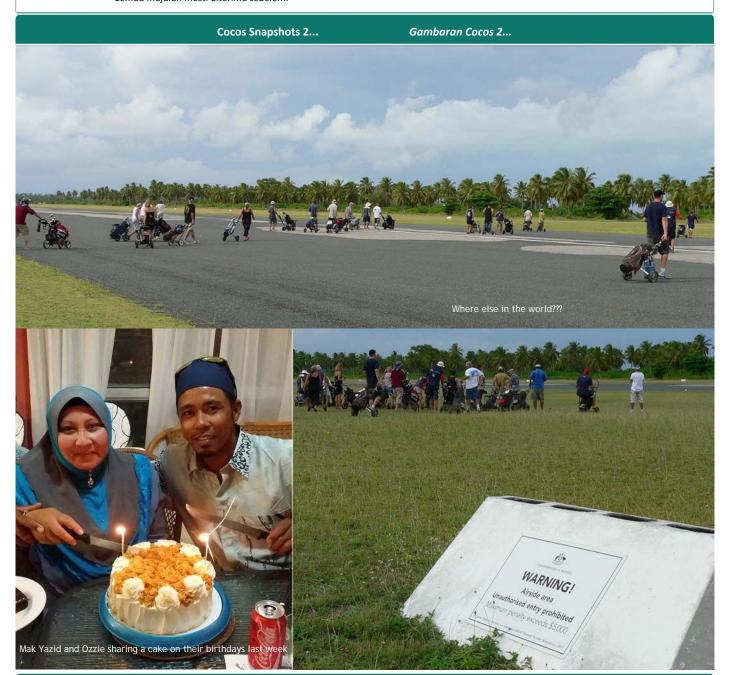


The next edition of The Atoll will be produced on: Edisi The Atoll selanjutnya akan dikeluarkan pada:

All items/materials must be received by: Semua majalah mesti diterima sebelom:

### Thursday 5th Mar 2015

1:00pm Tuesday 3rd Mar 2015



### **Have Your Say**

Letters to the Editor will either be accepted or rejected by the Editor. Items need to be:



Contact for The Atoll:

Mohammed Isa Minkom

itions@cocos.wa

Telephone: (08) 9162 6649

- Accurate and/or factual
- Not defamatory or inflammatory
- · Identified by author

Please take into consideration our format when preparing your items/materials to make the most of the spaces

The Atoll publication staffs reserves the right to edit the formatting of articles submitted for publication.

 $\label{lem:materials} \textbf{Materials should preferably be electronically forwarded to: } \underline{\textbf{cocosislands@crc.net.au}}$ 

To ensure a timely distribution of the newsletter, we request that all items/materials be forwarded before 1pm, 2 days prior to its distribution date.

### Disclaimer

The views expressed in articles in this newsletter are not necessarily the views of the editors or other volunteers who work to produce The Atoll. The editor has the right to withhold, edit or abbreviate items as considered necessary. No responsibility is accepted for any statement of opinion, any error or omissions.