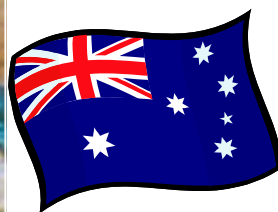




The Atoll

\$2.00

Thurs 11th Jun 2015 – Wed 24th Jun 2015



Cocos (Keeling) Islands

The Cocos (Keeling) Islands comprises of 27 coral islands forming two atolls, situated 2768km NW of Perth and 3685km due West of Darwin, is an isolated speck in the Indian Ocean.

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Translation Fees apply

Quarter Page <i>Suku Kertas</i>	\$10.00
Half Page <i>Setengah Kertas</i>	\$25.00
Full Page <i>Penuh Kertas</i>	\$50.00

You can subscribe to The Atoll electronically by contacting:
cocoinlands@crc.net.au

Cocos Snapshots

Gambaran Cocos



CIYC members putting together the centre's furnishing.



Administration Building (PO Box 1039)
Cocos Keeling Islands WA 6799
P: 08 9162 7707 F: 08 9162 7708
E: cocosislands@crc.net.au
W: www.cocos@crc.net.au
Like us on Facebook
Follow us on Twitter

Rainfall Stats

June Statistics
(latest up to 11 June):
29.40mm

Latest 2015 Statistics:
(latest up to 11 June)
930.00mm

2014: 2081.80mm
2013: 2659.40mm
2012: 1464.60mm



LATEST WEATHER

<http://www.bom.gov.au/climate/dwo/IDCJDW6027.latest.shtml>

MARKET DAY

The Cocos Islands CRC will once again host the West Island Market Day on Saturday 20th June from 10.00am to 1.00pm.

Please come down and support the P & C Association who will be running the sausage sizzle and cake stall.

Drop in a pick up some new fishing lures, grab a coffee and stock up on your Cocos Sea Salts, check out 6CKI's cool merchandise and enjoy some Cocos Malay food!

INCORPORATIONS ACT WORKSHOP

Do you belong to an Incorporated Community Club or Association - or are you thinking about becoming incorporated?

The Cocos CRC will be joined by Greg Goad from the Department of Commerce - Associations Branch of Consumer Protection and Greg McLennan from the Department of Sport and Recreation for a discussion and workshop on this and general club administration issues. Please see our promotional flyer in this edition of The Atoll.

Emergency Contact List

AFP	91626600
VHF	Ch20
IOTHS WI Clinic	91626655
IOTHS HI Clinic	91627609
	VHF Ch24
DFES HI	91627788
DFES WI	91627777
VMRS	0406329056
	VHF Ch20
Shire HI	91626649
Shire WI	91626740
Watercorp	91626722

ELECTRONIC DISTRIBUTION LIST

Would you like to receive State Government information relating to service delivery agreements, community bulletins, shipping updates, or any general information relating to Cocos Keeling Islands?

The Cocos CRC has developed an email distribution list for those who are interested in receiving this information and it is free! Your email address remains hidden and you can unsubscribe from the list at any time.

Simply email our office cocosislands@crc.net.au to be added to the list. Please note that this distribution list will not be used to promote business.

Thumbs Up

👍 To Wendy for organising a wonderful "Once in a lifetime opera night on Cocos"

Proudly supported by



Government of Western Australia
Department of Regional Development

Feel free to email your thumbs up to:
communications@cocos.wa.gov.au



EXPRESSION OF INTEREST
PUBLIC NOTICE
COUNCIL OWNED PROPERTY

Expressions of interest are being called for the future lease of the following council owned property:

Property	Current Use
Lot 219 Cocos Farm West Island	Horticulture

Submissions by interested parties are to be received by 12.00pm Friday 26th June 2015. Included in the submission should be the property, proposed term, consideration and use of the property. Submissions are to be marked confidential to:

Chief Executive Officer
Shire of Cocos (Keeling) Islands
PO Box 1094
COCOS (KEELING) ISLANDS WA 6799

Further information can be obtained by contacting Joanne Soderlund during office hours on 9162 6649.

IN LOVING MEMORY

of

John (Moe) McLean

Last night a new star was created in the sky.

It is with extreme sadness that we have had to say goodbye to one of our long standing and very valued Club and Community members. John (Moe) McLean passed away on Wednesday 10th June 2015.

For those of us whom were lucky enough to have had Moe come into our lives, we are blessed with a lifetime of memories to share with each other. Quite the rascal at times, Moe certainly made an impact on the Cocos Community. An honest, loyal, true, generous and genuine mate, friend, father, grandfather, boss, businessman, tireless volunteer and loveable scallywag. Our deep condolences to Moe's family, children and grandchildren. We will all truly miss you Moe. R.I.P

(Beautiful words written in the Cocos Club Community newsletter by Maxine McCartney)

Quote of the Day

Let us be grateful to the mirror for revealing to us our appearance only. ~ Samuel Butler

Thought for the Day

There is only so much that you can do. You can do more than you think you can! Go out and do it!!! ~ Eric Eisenberg

Jokes of the Week

Speeding Ticket

I was caught going 85 kph in a 65 kph zone and naturally got a ticket.

I decided to fight it in court and hopefully get out of the points. I showed up to court 20 minutes late, and the judge said unless you have a great excuse why you're late you ain't getting out of your ticket.

I said, "Your honour, I was just trying not to get another speeding ticket!"

He let me off the hook!

Bank Robbery

I was sitting on a jury for a trial of a man accused of robbing a bank. There was not enough evidence to convict him, so we had to declare him not guilty.

When the foreman announced, "Not guilty!" the defendant jumped to his feet.

"Cool!!" he shouted. "Does that mean I get to keep all the cash?"

Not the Scales!

Two little kids went in to their parents bathroom and spotted their mother's scale on the floor.

"Whatever you do," said the first kid to the second, "don't step on it."

"Why not?" asked the second.

"Because," replied the first, "every time mom steps on it, she screams."

CALLING ALL COCOS BOAT SKIPPERS!

- Do you want to be involved in Cocos' Premier Event?
- Have you got a Registered Boat?
- A Recreational Skippers Ticket?
- Knowledge of the lagoon's conditions?
- Looking to support a competitor flying to Cocos for the Lagoon Swim?



♦ You will be briefed by the event organisers and the AFP on how to be great SUPPORT for your swimmer/s ♦ You will receive a fuel voucher to reimburse your running costs ♦ You will get a commemorative Lagoon Swim long-sleeve t-shirt and hat ♦ You will get a BBQ lunch at the Finish Line ♦ Your efforts will be greatly appreciated

Please contact Dianne Evans on West Island and VMR Captain, Azah Badlu, on Home Island if you are interested and want to find out more.

Visitor Centre (08) 9162 6790

info@cocoskeelingislands.com.au



Registrations close for on-island competitors on Tuesday 30th June

Forms available from the Visitor Centre



Christmas Office

Old Technical Building,
PO Box 457 Christmas Island, 6798
Phone (08) 91 64-7220 Fax (08) 91 64-7129

Cocos Office

HI Community Resource Centre
PO Box 105,
Cocos (Keeling) Islands 6799
Phone (08) 9162 6776 Fax (08) 9162 6775



Recycle, Rejuvenate, Re Use !!!

Indian Ocean Group Training Association (CKI) is looking for unwanted or discarded clothes and materials to use in community projects and arts activities.



Any types of clean old clothes or material can be used in our activities!

So please don't take them to the

Rubbish Tip —bring them to us!

IOGTA OFFICE—HOME ISLAND

If you have any queries about this please call the above number or email us at:

jan.young@training.edu.cc or brendan@training.edu.cc.

THANK YOU !!!! We would love to hear from you!

Indian Ocean Group Training Association (CKI) is planning to run a series of FIRST AID courses over the next 6 months to meet community demand.

FIRST AID COURSES

PROVIDE FIRST AID, FIRST AID REFRESHER, PROVIDE CPR

Register your personal or workplace requirements for

First Aid Training.

The training will be set around

- Small classes
- Endorsed components
- Conducted in a comfortable setting
- Locally driven to meet your needs

If you are interested in registering or if there are other courses that you would like to see us run, please contact IOGTA at the above number or email:

jan.young@training.edu.cc or brendan@training.edu.cc.

We would love to hear from you!

Did You Know???

The reflex that causes people to sneeze when looking at the sun is called Autosomal-dominant Compelling Helio-Ophthalmic Outburst Syndrome, which abbreviates to ACHOO.

Cocos Malay Words

Music - *Lagu*
Sing - *Menyanyi*
Dance - *Dangsa*
Singer - *Penyanyi*
Lyrics - *Lirik*
Art - *Seni*
Rhythm - *Rentak*
Percussions - *Gendang*
Guitar - *Gitar*
Violin - *Biola*

Cocos (Keeling) Islands News (cont'd)

Berita Pulu Cocos (Keeling) (seterusnya)



Vehicle registration & Drivers licence

Police wish to remind all new and returning families to the Islands of their obligations with respect to vehicle registration and licensing in the Cocos (Keeling) Islands.

All residents are required to transfer their driver Licence to a Cocos (Keeling) Islands Licence within 3 months of taking up residence on the Islands. Vehicle & trailer licences (registration) are required to be transferred to the Cocos (Keeling) Islands within 3 months of the vehicle arriving on Island.

Failure to transfer a vehicle licence and/or drivers licence renders the driver unlicensed and the vehicle unregistered. People found using an unregistered vehicle cannot be issued with a fine and the matter must be heard before the Courts.

Please check your licence and registration as Police will be conducting vehicle and drivers licensing checks in the coming weeks.

Rejistresen Kereta & Lesen Pemandu (Driver)

Polis ingin mengingatkan kepada semua penduduk yang masing-masing punyat tanggungjawab di atas regista kereta dan lesen lesen di Pulu Cocos.

Semua penduduk di kehendaki memindahkan lesen pemandu kereta kepada lesen Pulu Cocos dalam tempoh 3 bulan mengambil kedudukan di Pulu Cocos. Semua kereta, motosekel & treler (registrasi) perlu di pindahkan ke lesen Pulu Cocos di dalam 3 bulan dari sampai di Pulu.

Kegagalan untuk memindahkan lesen kereta/atau lesen pemandu artinya yang pemandu tak ada lesen dan kereta/motosekel yang tak di regista. Orang mendapati menggunakan kereta/motosekel yang tidak di regista tidak boleh di kasi denda tapi perkara itu perlu didengar hadapan Mahkamah.

Di anggap semua Penduduk mereka lesen dan registrasi semua sebab Polis akan memeriksa semua lesen-lesen dan registrasi di minggu yang akan datang.

www.ezgowa.com.au

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New & Quality Pre-Owned
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ELECTRIC AND PETROL GOLF CARS



CUSHMAN
LET'S WORK.

HEAVY DUTY UTILITY VEHICLES

BAD-BOY
BUGGIES

OFF-ROAD 2WD AND 4WD

Clothing Down Sale

30% of all items in shop

Come and have a browse at our Souvenirs, dresses, mens shirts, tee shirts, Hive swimwear, sarongs, happy pants, Sunglass straps, fishing rods, and the biggest range of Organic Coconut products on Island.

Cocos Seaview

Sale on Saturday 20th & Sunday 21st June

9am to 3pm



FRIDAY 19TH JUNE 5pm

Hash House Harriers

MEXICAN WET 'N WILD

Food Night at the Club

Menu:

Tacos & chicken burritos

Drinks:

Mojitos and tequila sunrise

Activities:

Super slip 'n slide, jelly pool and paddle pool for the littlies.



Green Living Tips

Plastics and the Environment

Plastics are man-made materials that come from natural resources such as oil, gas and coal (fossil fuels).

These valuable resources were formed from prehistoric plants and animals that lived hundreds of millions of years ago. These fuels won't be replaced for millions of years to come—they are called 'non-renewable' resources.

Because the resources used to make plastic take so long to form and are so valuable, it's important to think of plastic itself as a valuable resource and recycle it wherever possible. Plastic is simply too valuable to waste.

Plastic has been the most common item collected on Clean Up Australia day for almost 20 years.

When plastic becomes litter it can endanger the health of animals and sea life. We all need to take responsibility for managing plastic waste.

Plastics have only been widely used in the past 50 to 60 years so we don't know how long they will take to break down completely. What we do know, is that plastics are durable and versatile and that all plastics can be recycled. Many can be recycled again and again.

There are a number of degradable plastics including biodegradable plastics.

One common type of degradable plastic will fragment into smaller and smaller pieces when exposed to light. However, biodegradable plastics don't just fragment—they completely break down into naturally occurring compounds such as carbon and water.

More tips in next edition...



INFO SESSION

“Community Clubs – looking towards your future!”

Do you belong to an incorporated community club or association - or are you thinking about becoming incorporated?

If this sounds like your organisation there are a number of changes currently proposed to the Associations Incorporations Act that will be of interest.

Wednesday 17th June 2015 - 5.30pm

To find out more join Greg Goad from the Department of Commerce - Associations Branch of Consumer Protection and Greg McLennan from the Department of Sport and Recreation for a discussion and workshop on this, and general club administration issues.

Keep ahead of the game.

“Clubs in all their shapes and sizes are vital to the ongoing sustainability of a community”

Please RSVP by no later than Friday 5th June 2015.

Finger food and refreshments are provided.



West Island Market Day

Saturday 20th June

10.00am - 1.00pm

Community Resource Verandah

**To book your FREE table please
contact us on 9162 7707 or
email: cocosislands@crc.net.au**



Cocos (K) Islands

Community Resource Centre

your local connection

Please note: All food items must be prepared in an approved kitchen and be packed and stored appropriately. Please contact the Cocos Islands CRC or Shire of Cocos Keeling Islands for further information.

ELECTRICAL WORK ON COCOS



Indian Ocean Territories Power Services Electrical Inspector Phillip Shanhun visited Cocos (Keeling) Islands in February this year, in conjunction with an inspection visit by EnergySafety's Chief Electrical Inspector Harry Hills.

The two Inspectors come to Cocos at least twice each year, checking on newly completed electrical work and looking out for anything electrical that is unsafe.

During their electrical safety inspections on Home Island in February, Phillip and Harry found that a local home owner, who did not have an electrician's license, had been carrying out his own electrical work. The home owner had been wiring up some lights and power points in his house.

It is against West Australian laws for a person who does not have an electrician's license to do any electrical work.

All electrical work on-island must be carried out by a licensed electrician who is employed by an electrical contractor.

EnergySafety will be taking some action against the home owner which could result in him being fined several thousands of dollars.

Residents of Cocos are reminded that, if you need any electrical work done, it must be carried out by a licensed Electrical Contractor.

There are licensed electrical contractors living on Cocos who can do this work for you.

KERJAAN LETRIK DI COCOS

Inspector Letrik Phillip Shanhun dari Indian Ocean Territories Power Services datang melawat Pulu Cocos pada bulan Februari tahun ini sekali bersama dengan Chief Inspector Letrik dari EnergySafety.

Kedua Inspector ini datang melawat Pulu Cocos sekurang-kurangnya dua kali setiap tahun, untuk preksa kerjaan bahagian letrik yang di buat dan untuk preksa di mana sekiranya ada kerjaan letrik yang tak safety atau selamat.

Di masa menjalankan pemereksaan letrik ini di Home Island pada bulan Februari, Phillip dan Harry mendapati ada seorang penduduk rumah tempatan, di mana penduduk rumah tersebut tidak mempunyai lesen letrik, telah membuat kerjaan memasang letrik di rumah nya . Penduduk rumah tersebut memasang lampu and power point di rumah nya sendiri.

Sesiapa yang buat kerjaan letrik tanpa ada lesen tukang letrik adalah bertentangan dengan undang-undang West Australia. Semua kerjaan letrik di Pulu Cocos mesti di buat oleh tukang yang ada lesen letrik yang berkerja dengan contractor letrik.

EnergySafety akan mengambil tindakan terhadap penduduk rumah tersebut dan ada kemungkinan penduduk tersebut boleh di dendah berjumlah ribuan.

Penduduk masyarakat Pulu Cocos di peringkatan, sekiranya perlu buat kerjaan letrik, mesti di buat oleh contractor letrik yang ada lesen.

Di Pulu Cocos ada seorang contractor letrik yang ada lesen yang boleh buat kerjaan ini.



Government of Western Australia
Department of Commerce

VISIT BY GREG GOAD FROM CONSUMER PROTECTION
13-20 JUNE 2015

Greg Goad from the Associations Branch would like to meet any CKI residents interested in the new Associations legislation – and what it means for their club or association - or anyone that needs general consumer protection advice and assistance relating to:

- settling consumer disputes;
- associations and charities updates;
- retail shopping, refunds, warranties, lay-bys, advertising, internet buying etc;
- consumer contracts for goods or services;
- renting a home (tenant) or renting out your property (owner);
- buying or selling a home (real estate);
- motor vehicle and boat sales, repairs and warranties;
- product safety for toys, nursery furniture, trampolines, cots etc; or

scams, get-rich-quick schemes and how to avoid being tricked out of your money.

To make an appointment to meet with Greg call (08) 6552 9253, email joan.susinetti@commerce.wa.gov.au, ring him on CKI on 0406 329 825 or leave a message at the Castaway.



Government of **Western Australia**
Department of **Fisheries**

Fish for the future

Fisheries fun facts

Under a Service Delivery Agreement with the Department of Infrastructure and Regional Development, The Department of Fisheries WA (DoF) manages commercial fishing, recreational fishing and aquaculture activities at the Indian Ocean Territories (IOTs).

Since 2006, DoF has conducted research on commercial, recreational and iconic fish species, as well as fish habitats and invertebrates. Results of this research can be found at www.fish.wa.gov.au/IOTs

DoF would like to share the research results and some *Fun Facts* on species found at the IOTs with the community. Watch this space!

Gong Gong (*Lambis lambis*)

The gong gong, or spider conch, is a member of the Strombid family found throughout the Indo-Pacific region including the Cocos (Keeling) Islands. The gong gong can grow up to 29cm in length with females tending to be larger than males. Gong gong are characterized by their flared outer lip and spines that develop during sexual maturity. Gong Gong live on reef flats in shallow water from low tide to depths of 5m and are known to be herbivorous, feeding on algal beds.



Photo: Shire of Cocos Keeling Islands

Although fished heavily for their meat throughout their distribution, there is still surprisingly little information on the biology, life history or fisheries of the species. Department of Fisheries research, specifically for Cocos (Keeling) Islands, shows a general decline in gong gong stocks and suggests conservative management and fishing practices are used to protect this easily exploited species from overfishing.

Feel free to contact Kim Boothman, Community Education Officer for the IOTs, at any time on Kim.Boothman@fish.wa.gov.au or Work: 9203

Fakta Fisheries Yang Menyenangkan

Dibawa Service Delivery Agreement dengan Department of Infrastructure and Regional Development, The Department of Fisheries WA (DoF) mengurus pemancingan 'commercial', pemancingan rekreasi dan aktiviti aquaculture di Indian Ocean Territories (IOTs).

Semenjak 2006, DoF telah menjalankan penyelidikan

dalam commercial, rekreasi dan jenis ikan-ikan ikonik, termasuk tempat tinggal ikan dan invertebrates. Hasil daripada penyelidikan ini boleh didapati di www.fish.wa.gov.au/IOTs

DoF ingin berkongsi hasil penyelidikan dan beberapa "Fun Facts" berkenaan jenis-jenis yang didapati di IOTs dengan masyarakat. Jaga halaman ini!

Gong Gong (*Lambis lambis*)

Gong gong adalah daripada keluarga Strombid yang didapati di daerah Indo-Pacific termasuk Pulu Cocos (Keeling). Gong gong boleh membesar hingga 29cm panjangnya dengan yang perempuan biasanya lebih besar daripada lelaki. Gong gong dikenali daripada bibir luarannya dan tulang belakang yang jadi bila telah dewasa. Gong gong tinggal di tembok reef dalam ayer yang cetek hinggal sedalam 5m dan diketahui sebagai binatang yang memakan tumbuh-tumbuhan, memakan akar-akar lumut.

Walaupun banyak diambil untuk dagingnya sepanjang penyebaran mereka, hairannya masih sedikit keterangan biology yang diketahui tentang mereka, sejarah hidupnya ataupun sejenis ikanan. Penyelidikan Department of Fisheries, terutama untuk Pulu Cocos (Keeling) Islands, menunjukkan kekurangan terhadap jumlahnya dan mencadangkan yang pengurusan untuk menjaga dan cara pemancingan digunakan untuk menjaga jenis ini yang senang diambil hingga berlebihan.

Silahkan hubungi Kim Hands, Community Education Officer untuk IOTs, bila-bila masa saja di Kim.Boothman@fish.wa.gov.au atau Kerjaan: 9203 0345/Mobile: 0418 915 281.



Australian Government

Department of Infrastructure and Regional Development

For Sale

The Department of Infrastructure and Regional Development invites the submission of tenders on an "as is where is" basis for the purchase of the following **decommissioned** items owned by the Department:

Item	Make / Model	VIN / HIN
Quad Trans Diesel Mule (1)	Kawasaki Not Registered	JK1AFDG16AB502004
Quad Trans Diesel Mule (2)	Kawasaki Not Registered	JK1AFDG14BB503640
Quad Trans Diesel Mule (3)	Kawasaki Not Registered	JK1AFDG12AB502212

Each item will be sold to the highest bidder.

The items will be available for inspection, and you must inspect the items you wish to bid for. Please contact **Keir Fraser** on **(08) 91626767** to arrange an inspection, and to receive a bid pack containing more information about the items.

Bids must be placed in the Tender Box at the **Indian Ocean Territories Administration - [Cocos Islands Office](#)** located in the Administration Building, West Island, Cocos (Keeling) Islands no later than **2:30pm on Wednesday 17th June 2015**.

Further details on each item, and the sale by tender process, are contained in the bid pack available from the contact officer.

Untuk Dijual

Department of Infrastructure and Regional Development menjemput untuk memasukkan tendaan secara basis "as is where is" untuk membeli pekakas-pekakas berikut yang tidak digunakan lagi yang dimiliki oleh Department:

Item	Make / Model	VIN / HIN
Quad Trans Diesel Mule (1)	Kawasaki Tidak Direjista	JK1AFDG16AB502004
Quad Trans Diesel Mule (2)	Kawasaki Tidak Direjista	JK1AFDG14BB503640
Quad Trans Diesel Mule (3)	Kawasaki Tidak Direjista	JK1AFDG12AB502212

Setiap pekakas akan dijual kepada harga yang paling tinggi.

*Kereta-kereta boleh diperiksa, dan kamu mesti periksa kereta yang ingin ditenda. Tolong hubungi **Keir Fraser** dinomor **(08) 91626767** untuk mengurus inspection, dan untuk menerima 'bid pack' yang mengandungi keterangan tentang alat-alat ini.*

*Tawaran mesti dimasukkan kedalam Tender Box di **Indian Ocean Territories Administration - [Cocos Islands Office](#)** berada didalam Administration Building, Pulu Panjang, Pulu Cocos (Keeling) tidak boleh lewat daripada jam **2:30pm on Wednesday 17th June 2015**.*

Keterangan selanjutnya berkenaan alat-alat ini, dan proses tendaan, terkandung dalam 'bid pack' yang disediakan oleh orang yang tersebut diatas.



Government of Western Australia
Department of Commerce

Associations
Incorporation Act 1987
S. 6(1)
(This form is prescribed)

Form 2

Advertisement of intended application for Incorporation

The information in this form is to be published in a newspaper that circulates in an area where the association is situated or conducts its affairs. There is no requirement to return this form to the Department. However, a copy of this published advertisement will need to accompany your application to incorporate (Form 1).

Please complete the white areas only and forward this form to the selected newspaper.

Advertisement of Intended application for Incorporation of

COCOS ISLANDS DISTRICT HIGH SCHOOL P+C

(Insert name of the association)

Notice is hereby given that:

AMBER WATERS, HSE 57, WEST ISLAND,
COCOS (KEELING) ISLANDS; SECRETARY OF
THE COCOS ISLANDS DISTRICT HIGH SCHOOL
P+C ASSOCIATION

(Insert full name, address and occupation of applicant)

being duly authorised by the above named association intends to apply to the Commissioner for Consumer Protection on or after

15/06/2015

(Insert date being at least one month but no more than three months after the publication of this notice)

for incorporation of

COCOS ISLANDS DISTRICT HIGH SCHOOL PARENTS
AND CITIZENS ASSOCIATION

(Insert name of the association)

The association is formed for the purpose of:

PROVIDING FUNDRAISING AND OTHER SUPPORT TO
ADD VALUE TO OUR STUDENTS EDUCATION, LEARNING
AND LIFE EXPERIENCES INCLUDING BUT NOT
LIMITED TO FUNDING/PART FUNDING CAMPS, SWIMMING
LESSONS, BOOKS/RESOURCES AND UNIFORM SHOP SERVICE.

(Insert main purpose)

Signed

Full Name:

AMBER WATERS

Associations and Charities
Registrations Section
Level 5 Westcentre,
1260 Hay Street
West Perth WA 6005

Locked Bag 14
Cloisters Square
Perth WA 6850

Tel: 1300 30 40 74
associations@commerce.wa.gov.au
www.commerce.wa.gov.au/associations



2015 AFL Broadcast Guide - Cocos Keeling Islands Time

Round 12

Thursday 18th

Adelaide Crows v Hawthorn 6.00pm GWN7 (live)

Friday 19th

Richmond v West Coast Eagles 6.00pm GWN7 (live)

Saturday 20th

Western Bulldogs v Brisbane Lions 5.30pm GWN7 (live)

Round 13

Thursday 25th

Fremantle v Collingwood 6.30pm GWN7 (live)

Friday 26th

Sydney v Richmond 6.00pm GWN7 (live)

Saturday 27th

Saint Kilda v Western Bulldogs 5.30pm GWN7 (live)

Positive Thinking

Positive thinking is just a mind set that you must nurture like growing flowers. Water it with good thoughts, feed it some positive food and a bit of positive fertilizer and we can grow our minds to do exceptional things. When we do that anything becomes possible.

Positive people are most times happy and great to be around because they know that there is so much good in this world and they have decided to get their fair share of it.

Positive people make things happen. They don't sit around drowning in their beer and bemoaning about why they haven't got any money to go on vacation. They do positive things to make that vacation possible.

Positive people smile a lot, their relationships are stronger, they actually like themselves more because they know that they are onto something that most people miss all their lives. Life is good but you only get one chance at it.

The Health Benefits of Positive Thinking

Researchers continue to explore the effects of positive thinking and optimism on health.

Health benefits that positive thinking may provide include:

- Increased life span
- Lower rates of depression
- Lower levels of distress
- Greater resistance to the common cold
- Better psychological and physical well-being
- Reduced risk of death from cardiovascular disease
- Better coping skills during hardships and times of stress

It's unclear why people who engage in positive thinking experience these health benefits. One theory is that having a positive outlook enables you to cope better with stressful situations, which reduces the harmful health effects of stress on your body. It's also thought that positive and optimistic people tend to live healthier lifestyles — they get more physical activity, follow a healthier diet, and don't smoke or drink alcohol in excess.

More tips in next edition...



June 20, 2015 marks the 11th annual International Surfing Day (ISD). Each year celebrations take place across the globe in more than 30 countries featuring surf contests, barbecues, film screenings and other surf-related activities. In addition to celebrating the sport and lifestyle of surfing, participants also give back to our ocean, waves and beaches by organizing beach cleanups, habitat restoration and other acts promoting coastal protection.

Celebrate International Surfing Day 20 June

Kids surfing session Saturday **8-9.30am** at The Spot, West Island

Special guest surfers will be giving tips on technique and safety from 8am.

BYO surfboard, boogie board or simply have a body surf or swim.



Followed by a special screening of short surf movies at The Big Barge from **6pm**.

This is a free community event and is subject to weather. All welcome. BYO picnic.



For more info see www.surfrider.org/isd or contact Trish 91626799

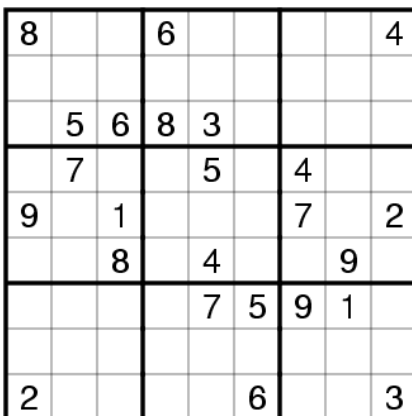
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58					59						60			
61					62						63			

1. Competent
5. Motionless
10. Arid
14. Den
15. Leg bone
16. Burden
17. Falsehood
19. Midmonth date
20. Citrus drink
21. Excrete
22. Wear away
23. Schemes
25. Aquatic mammal
27. Calypso offshoot
28. Principles
31. Works as a street musician
34. A low evergreen shrub
35. Hasten
36. The products of human creativity
37. Passageway
38. Printer's unit
39. 52 in Roman numerals
40. Breaks
41. Blockheads
42. Searches
44. One of the tribes of Israel
45. Zest
46. Motion of hands
50. Sprite
52. Lift
54. Not bottom
55. Lascivious look
56. Silver-grey wingless insect
58. Constellation bear
59. Cowboy movie
60. Hodgepodge
61. The two together
62. Sound of contempt
63. Curve

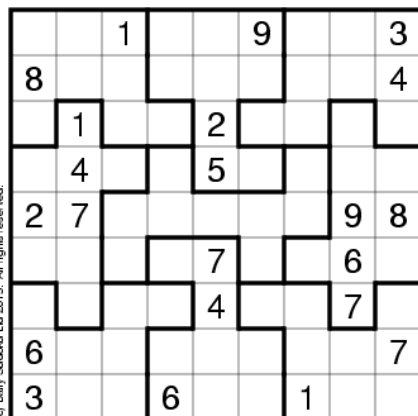
1. Assumed name
2. Hash out
3. Inhabits
4. Historic period
5. A symbol of disgrace
6. High, low and neap
7. Nile bird
8. Coasts
9. Nonclerical
10. Evening event
11. Neurochemical
12. Regretted
13. Being
18. Scallions
22. Carve in stone
24. Sounds of disapproval
26. French for "Head"
28. Vermin
29. Clock sound
30. Oceans
31. Emollient
32. Murres
33. Most frugal
34. Historiographer
37. Parental sister
38. Kick
40. Not idle
41. Optical maser
43. Yay!
44. Abandon
46. Donor
47. Practical
48. Kino gum
49. Ancient Hebrew vestment
50. Bungle
51. Relating to aircraft
53. Countertenor
56. Mayday
57. Watch chain

Sudoku Station

The rules for different size and shape puzzles are pretty much identical. The different size puzzles simply require a different set of numbers.



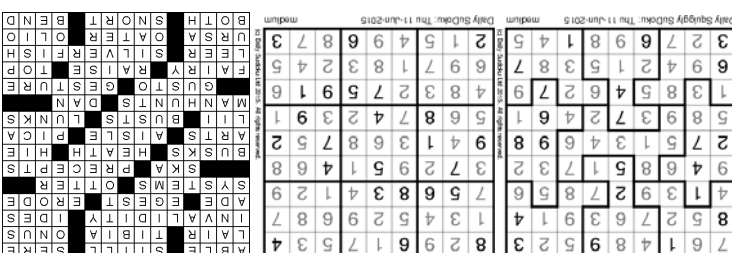
medium



medium

Before Mt. Everest was discovered,
what was the highest mountain in
the world?

Before Mt. Everest was discovered, what was the highest mountain in the world?



Brain teaser Answer



Photos courtesy of Darling Elat-Rasa

Some great historical pics of an event that still continues on Cocos!

Do you have a Cocos Moment you would like to share?

Email your favourite photo to cocosislands@crc.net.au or drop into the Community Resource Centre.

Birthdays & Anniversaries

Happy 11th birthday to Jac Lacy from the crazy Lacys and all your surfing buddies.

Happy Birthday to Matt Lenane (19 June)

Wish to send love ones special messages on their birthdays and anniversaries?

Drop in at the Cocos Islands Community Resource Centre or email communications@cocos.wa.gov.au



Cocos (K) Islands

Community Resource Centre

Your local connection

Upcoming 2015 Community Events

Event Name	Event Date	Event Host
Information Session - the Incorporations Act and Strength and Conditioning Workshops	17/06/2015	Cocos Islands Community Resource Centre
HHH Food Night - Mexican Wet & Wild	19/06/2015	HHH @ the Cocos Club
West Island Market Day	20/06/2015	Cocos Islands Community Resource Centre
Shire Council Meeting	24/06/2015	Shire of Cocos Islands
Eyecare Team arrives on Cocos	13/07/2015	Indian Ocean Territories Health Service
Hari Raya Puasa	17/07/2015 <i>*tbc</i>	Public Holiday
Picnic in the Park	19/07/2015	Cocos Club
Scroungers—Coconut Theme fancy dress	23/07/2015	Cocos Islands Golf Club
Kids Movie Night	24/07/2015	Cocos Club
Social Worker Visit	28/07/2015— 01/08/2015	Dept of Infrastructure
Shire Council Meeting	29/07/2015	Shire of Cocos Islands
Night Golf	14/08/2015	Cocos Islands Golf Club
Members BBQ	15/08/2015	Cocos Club
Shire Council Meeting	26/08/2015	Shire of Cocos Islands
Pink Scroungers, Cancer Council Fundraiser	27/08/2015	Cocos Islands Golf Club
West Island Market Day	12/09/2015	Cocos Islands Community Resource Centre
Shire Council Meeting	23/09/2015	Shire of Cocos Islands
Hari Raya Haji	24/09/2015	Public Holiday
AFL Grand Final	26/09/2015	Cocos Club
West Fest	26/09/2015	Cocos Club
Scroungers - Footy Colours	1/10/2015	Cocos Islands Golf Club
Cocos Olympics	09/10/2015 - 17/10/2015	Cocos Club
Toga Party	17/10/2015	Cocos Club
Corporate Golf Day	07/10/2015	Cocos Islands Golf Club
International Beer Festival	30/10/2015	Cocos Club

The above events with further details are all advertised on the Cocos Islands CRC website. If you have a community event you would like to advertise, please contact our office with your details. This is a FREE service for our Community.

Phone: 9162 7707 Email: cocosislands@crc.net.au Website: www.cocos.crc.net.au



The next edition of The Atoll will be produced on:
Edisi The Atoll selanjutnya akan dikeluarkan pada:

All items/materials must be received by:
Semua majalah mesti diterima sebelum:

Thursday 25th Jun 2015

1:00pm Tuesday 23rd Jun 2015

Cocos Snapshots 2...

Gambaran Cocos 2...



Photo: Hayley Stinson



Photo: Hayley Stinson



Photo: Hayley Stinson



WA Fisheries Info Session on WI

Photo: Cocos Islands CRC

Have Your Say



Letters to the Editor will either be accepted or rejected by the Editor. Items need to be:



- Accurate and/or factual
- Not defamatory or inflammatory
- Identified by author

Please take into consideration our format when preparing your items/materials to make the most of the spaces available.

The Atoll publication staffs reserves the right to edit the formatting of articles submitted for publication.

Materials should preferably be electronically forwarded to: cocosislands@crc.net.au

To ensure a timely distribution of the newsletter, we request that all items/materials be forwarded before 1pm, 2 days prior to its distribution date.

Disclaimer

The views expressed in articles in this newsletter are not necessarily the views of the editors or other volunteers who work to produce The Atoll.

The editor has the right to withhold, edit or abbreviate items as considered necessary.

No responsibility is accepted for any statement of opinion, any error or omissions.