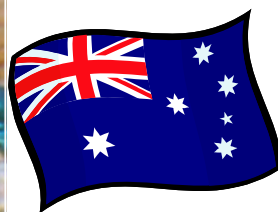




# The Atoll

\$2.00

Thurs 2nd Apr 2015 - Wed 15th Apr 2015



## Cocos (Keeling) Islands

The Cocos (Keeling) Islands comprises of 27 coral islands forming two atolls, situated 2768km NW of Perth and 3685km due West of Darwin, is an isolated speck in the Indian Ocean.

## Contents Page Isi Kandungan

Cocos (K) Islands News Berita Pulu Cocos (K)	2
Public Notices Notis-notis Umum	12
Sports & Rec Review Berita Olahraga & Rekreasi	15
Cocos Snippets Keping-kepingan Cocos	
Games Kemainan	18
Dates to Remember Tanggal untuk Diingat	
Cocos Moment Saat Cocos	19
Birthdays Ulang Tahun	
Community Events Acara Masyarakat	20
Cocos Snapshots 2 Gambaran Cocos 2	21

## Advertisements Advertais

Quarter Page Suku Kertas	\$10.00
Half Page Setengah Kertas	\$25.00
Full Page Penuh Kertas	\$50.00

You can subscribe to The Atoll electronically by contacting:  
[cocovinlands@crc.net.au](mailto:cocovinlands@crc.net.au)

## Making Headlines This Edition... Berita Yang Penting Dalam Edisi Ini...

Request for Public Feedback - Resident Further Education Review

pg4

EOI Virgin Guest Services

pg8

The Joint Standing Committee on the National Capital and External Territories Visit

pg13-14

## Cocos Snapshots

## Gambaran Cocos







Administration Building  
PO Box 1039  
Cocos (Keeling) Islands, 6799  
Phone (08) 9162 7707 Fax (08) 9162 7708  
Email: [cocosislands@crc.net.au](mailto:cocosislands@crc.net.au)  
Web: [cocos@crc.net.au](http://cocos@crc.net.au)  
Like us on Facebook! Search for:  
Cocos (K) Islands Community Resource Centre  
or follow us on Twitter @CocosCRC

## Rainfall Stats

Mar Statistics  
(latest up to 31 Mar):  
226.00mm

Latest 2015 Statistics:  
(latest up to 31 Mar)  
575.80mm

2014: 2081.80mm  
2013: 2659.40mm  
2012: 1464.60mm



## LATEST WEATHER

<http://www.bom.gov.au/climate/dwo/IDCJDW6027.latest.shtml>

## Emergency Contact List

AFP	91626600
VHF	Ch20
DFES HI	91627788
DFES WI	91627777
IOTHS WI Clinic	91626655
IOTHS HI Clinic	91627609
VHF	Ch24
Shire HI	91626649
Shire WI	91626740
Watercorp	91626722

## Thumbs Up



treasured memories

food grade melamine

dishwasher safe (not microwave)

BPA FREE  
contains no bisphenol A

use paints, markers, photos or all of them at once!

multiple copies make the perfect gift for family members

PICTUREPLATE™  
40 YEAR GUARANTEE

**The Original Melamine Pictureplate**

Join in the fun and turn your child's precious drawings, photos, hand and footprints into durable, practical melamine keepsakes guaranteed to last a lifetime.

THURSDAY 9th April 2015 8.30am - 10.30am  
West Island Conference Room  
Proudly Supported by:

Cocos (K) Islands Community Resource Centre  
Your local connection

Picture products SINCE 1977  
Loved by kids, treasured by parents for over 35 years.

AUSTRALIAN MADE

THURSDAY 9th April 2015 8.30am - 10.30am  
West Island Conference Room  
Proudly Supported by:



Loved by kids, treasured by parents for over 35 years.

RSVP by Wednesday  
8th April to the CRC:

Cocos (K) Islands Community Resource Centre  
08 9162 7707  
Helen Bennett  
08 9162 6528

\$22.00 per plate **Cash only**

Payment must be received by 9th April  
BYO photo/picture/special paint/textas  
Limited to 50 children

Proudly supported by



Government of Western Australia  
Department of Regional Development

Feel free to email your  
thumbs up to:  
[communications@cocos.wa.gov.au](mailto:communications@cocos.wa.gov.au)

## Quote of the Day

*We should all be concerned about the future because we will have to spend the rest of our lives there. ~ Charles F. Kettering*

## Thought for the Day

*If life becomes hard, soften it with random acts of kindness. ~ Michael Levy*

## Jokes of the Week

### Pet Jokes

I was working the evening shift in Target, when a little boy walked up to the counter with a box of detergent. I asked him, "What do you need that for?"

He replied my cat got all dirty so I have to clean her!

"Don't do that!!!" I replied. "You will kill her!"

The next week he came back in so I asked him whatever happened with his cat? He tells me that it died, so I tell him you should have listened to me!

He replied, "No it wasn't the detergent that killed her it was the rinse cycle!!!"

### Animal Humour

A passenger train is creeping along, slowly. Finally it creaks to a halt. A passenger sees a conductor walking by outside.

"What's going on?" she yells out the window.

"Horse on the track!" Replies the conductor.

Ten minutes later, the train resumes its slow pace. However five minutes later it stops again.

The lady see the conductor walking by again. She leans out and yells, "what happened? We caught up to that to that horse again?"

### Inexperienced

Two inexperienced hunters went hunting in the woods. Before long they got lost.

"Don't worry," said the first hunter, "I heard that when you're lost you should fire three shots in the air that someone should hear you."

They fired three shots in the air and waited a half hour. They tried again another three and nothing happened. Finally they decided they will try it once more.

"This better work," said the second hunter nervously. "These are our last arrows!"



## Proposed "Tropical Garden" on West Island Trust Land

It is hereby notified for public information and comment that the Council has received an application for Planning Approval from Mr Colin Bloomfield, a West Island resident, seeking the approval of Council to develop a Tropical Garden on West Island Trust Land.

The proponent has advised that he intends to plant fruit trees and decorative tropical shrubs etc. There is no intention to build a caretakers residence, and he would simply like to erect a small garden shed no bigger than 10m2. Garden sheds 10 m2 or less are exempt from having to obtain a building licence.

There is no intentions for any tourism or commercial use of the area, and purely wants it for private gardening and recreational use.

The area is zoned general rural. The most appropriate class would be either recreation and leisure; or rural production. Recreation and leisure – means any land or buildings used for recreation, sport or leisure purposes. Rural production – means the use of land for the cultivation of plants for fruits, vegetables and other produce. Both classes are D within the shire's town planning scheme. D means that the use is not permitted unless the Council has exercised its discretion and has granted planning approval.

The land is a very thin strip of land, sandwiched between the coast line and Sydney highway, which limits the options available. It is ideally suited for the establishment of a tropical garden, as this would have no negative impact on the amenity or other uses close by.

Further information in relation to the proposed Development Application can be obtained from the undersigned at the Shire Office on 9164 6649. Written comments regarding the proposal must be submitted to the Council on or before Friday, 17 April 2015.

Aaron Bowman

Chief Executive Officer

## Proposed Disposition of Property "Proposed Aquaculture Development" Part Lot 100, Sydney Highway, West Island

In accordance with Section 3.58 (3) and (4) of the *Local Government Act 1995 (WA) (CKI)*, Council is required to give public notice of any disposition of property. This includes selling, leasing, or otherwise disposing of, whether absolutely or not.

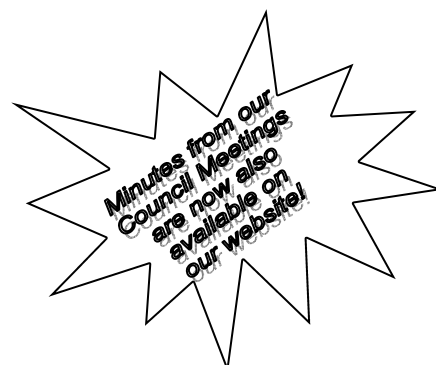
Council resolved at its November 2014 ordinary meeting to enter into a Lease Agreement with Mr Greg Cahill for Part Lot 100 West Island for a period of 10 years with a 10 year option.

This portion of land has been valued at \$2,550/annum and the Lessee will be required to pay this amount as well as annual CPI increases and the assessed annual Council Rates set from year to year.

Council invites written submissions from residents regarding the proposed disposition with submissions closing on Friday, 17<sup>th</sup> of April 2015 marked confidential and addressed to the undersigned.

Joanne Soderlund

Deputy Chief Executive Officer



**Request for Public Feedback**  
**Policy Review – Resident Further Education**

At the March 2015 Ordinary Meeting Council considered the replacement of the Resident Further Education policy with a new policy, Graduate Financial Contribution. The Resident Further Education policy is being reviewed as the current wording of the policy is out-dated and ambiguous in nature. Council has requested public feedback on the proposed change. The current and proposed policies are set out below:

<b>Policy No:</b>	<b>3.7</b>
-------------------	------------

**Policy Subject:**           **Funding Contributions – Resident Further Education**

**Policy Statement:**       Council has resolved to allocate the interest earned on the Perth House Proceeds Community Reserve to contributions for residents who study a Tertiary or TAFE course on the mainland.

**Objectives:**               To provide a token contribution to cover some costs involved with further study on the mainland. A "Funding Contribution Further Education" Application Form has been prepared for use by those applying for these funds and the following guidelines aim to ensure a fair process for allocation of funds.

**Guidelines:**

- Students must be a permanent resident of the Cocos (Keeling) Islands, being that they must have lived on Cocos for a minimum of three years.
- Must be studying for an approved Tertiary or TAFE qualification in the current year.
- Funds will be paid on the receipt of formal endorsement of completed term of study ½ year/year.
- There is a limit of \$1,000.00 per student per annum.
- Application is to be made on the form supplied by Council and be submitted to Council prior to approval.

**Review**

**Responsibility:** Deputy Chief Executive Officer

<b>Policy No:</b>	<b>3.7</b>
-------------------	------------

**Policy Subject:**           **Graduate Financial Contribution**

**Policy Statement:**       To assist students who graduate from the Cocos (Keeling) Islands District High School with the cost of further education or workforce preparedness.

**Objectives:**               To provide a token contribution to cover some costs involved with either further education or preparing to enter the workforce.

**Guidelines:**

- Students must have completed all of their high schooling, year 7 to year 10, at the Cocos (Keeling) Islands District High School.
- A one off payment of \$1,000 is made to students on successful graduation of year 10.

**Review**

**Responsibility:** Deputy Chief Executive Officer

Council invites written submissions from residents regarding the proposed policy change with submissions closing Wednesday the 15<sup>th</sup> of April 2015 marked confidential and addressed to the undersigned.

Joanne Soderlund  
**Deputy Chief Executive Officer**



### Community Funding Program Essential Equipment / Small Capital Items

At the March Ordinary Meeting Council approved the funding of grants to four community organisations.

- West Island Tennis Club – For the purchase of two new tennis nets and net winders to replace the old ones that are currently being used at the West Island Tennis Courts.
- Cocos Islands Dive Club – For the purchase of rigging fixings and secondary buoys to enable the installation of mooring buoys at popular dive locations around the atoll. The dive club is partnering with Parks Australia and CKI Ports to carry out this project.
- West Island Play Group – For the purchase of a new swing set to replace the swing set that had to be taken down for safety issues.
- Suka & Duka Home Island Craft – Purchase of assorted weights and golf putters and balls.

In addition to the above Council also resolved that the purchase of a number of shared use items such as marquees, bbqs, tables and chairs be considered in the 2015/2016 budget. These items would then be available to community groups free of charge for community purposes.

Joanne Soderlund  
Deputy Chief Executive Officer

What we're up to on Home Island...



Trying to rid mosquito breeding areas on Home Island



Putt-putt course on HI progressing very well



Construction of a replica of the copra drying shed



Beautification projects in full swing for ASDD and ANZAC Day





To the Cocos community,

PKPK would like to invite the community on both Home and West Island to the below celebrations. There will be Jukung race, Volleyball and Traditional Dance performance on the day. We hope to see you there and help celebrate this special occasion.

Date: **Tuesday – 7 April 2015**  
 Venue: **Foreshore opposite Hse 1**  
 Luncheon: **12:45pm**

Events as per below table.

Terima Kasi,  
 PKPK

Kepada semua masyarakat Cocos,

Kami PKPK ingin menjemput semua masyarakat Kampong dan Pulu Panjang pada hari dan masa yang berikut di bawah. Pada hari ini akan di adakan kemainan seperti belumba Jukung, Volleyball dan Dangsa traditional. Harap lah yang mana ada kelapangan boleh dapat bersama untuk kita merayakan hari yang istimewa ini.

Hari/Tanggal: **Selasa – 7 April 2015**  
 Tempat: **Tepi laut—Rumah Nek Yazid**  
 Taim makan: **12:45 tengahari**

Rencana seperti berikut.

Terima Kasi,  
 PKPK

## 31<sup>ST</sup> ACT SELF DETERMINATION DAY (ASDD) PROGRAMME Tuesday 7<sup>th</sup> APRIL 2015

### *Open invitation to enjoy a day of celebration*

TIME	ACTIVITIES	RUNNING BY
7.30am / 4.00pm	Ferry Depart Home Island	Cocos Coop
8.00am / 4.30pm	Ferry Arrive/Depart West Island	Cocos Coop
9.00am	Corporate Jukung Race	Jukung Club
10.00am	Corporate Volleyball	HISRA
12.45pm	Opening Speech by PKPK	PKPK
12.50pm	Speeches by Acting Shire President Administrator Mr Haase CIDHS Student	PKPK
1.00pm	LUNCH	PKPK
2.00pm	Traditional Dance	PKPK
2.30pm	Volleyball continued	HISRA

Any queries in relation to the above program can be forwarded to Hj Zaikat Omal at [zai.omal@kampong.cc](mailto:zai.omal@kampong.cc)





## DENTAL ASSISTANT AND RECEPTIONIST

### Employment and traineeship opportunity

*Commencement of employment will be June 2015*

#### ***Are you a hard worker? Are you keen to study? Do you care about people?***

If so, then an exciting opportunity has become available at the Indian Ocean Territories Health Service on the Cocos (Keeling) Islands to train as a Dental Assistant and Receptionist through the Australian Traineeship Program. The Certificate III in Dental Assistant qualification (HLT31812) will teach you the skills needed to assist a dentist, dental hygienist or dental therapist during all health care procedures, to help maintain high standards of infection control and to assist with dental practice administration.

This position is a casual employment contract that requires a total of 19 weeks full-time work to be undertaken on the Cocos (Keeling) Islands per year to coincide with regular dental visits to the Islands. In addition, the successful applicant will be required to travel periodically to Christmas Island to attend relief work and training.

To help prepare Island residents for the interview, IOGTA will conduct a resume workshop. In addition, the Indian Ocean Territories Health Service will hold an information session about the role of a dental assistant working in the Indian Ocean Territories and what is required to complete the traineeship (scheduled for April). These information sessions will be advertised through the Atoll and community notice boards.

#### **Our ideal applicant will have:**

- good verbal and written communication skills in English;
- Be able to speak Cocos Malay;
- Be committed, enthusiastic and willing to learn new skills in a team environment;
- Be prepared to attend relief work and training periodically on Christmas Island;
- Be at least 15 years of age (interested people of all ages are encouraged to apply);
- Be an Australian Resident (Australian citizen or hold a permanent visa); and
- Be able to provide their own accommodation on the Cocos (Keeling) Islands.

#### **To apply:**

1. Collect an 'Applicant Information Pack' from IOGTA prior to submitting an application. This can be emailed to you on request.
2. Submit an application, which should include:
  - A resume, if you have one;
  - Evidence of date of birth, birth certificate, passport, drivers license;
  - Responses to the selection criteria as detailed in the Applicant Information Pack; and
  - Contact details of two referees.
3. Submit your application by post or hand delivery at the below address, or email Brendan O'Brien at [brendan@training.edu.cc](mailto:brendan@training.edu.cc)

**Applications close 20 April 2015**



Virgin - Guest Services Supervisor  
Cocos Island Airport  
West Island, Cocos (Keeling) Islands  
WA 6799  
Phone: 08 9162 6569 Fax: 08 9162 7732

## EXPRESSION OF INTEREST

### Virgin - Guest Services

The Cooperative is seeking expressions of interest for a position in its Virgin - Guest Services operations. The position requires a person who is reliable and prepare to work during the flight days of Monday and Saturday, and days when flights are rescheduled.

This position also involve a high degree of interaction with Virgin guests, and the ability to be part of the Guest Services Team that have to deal with delayed and cancelled flights, and Virgin guests' issues that arise under these circumstances. The ability to work under pressure working under is essential.

The main tasks related to this position are:

1. Using computerised guest services systems.
2. Check-in of Virgin guests for flights
3. Boarding of Virgin guests
4. Interaction with Virgin guests in relation to flight/baggage issues
5. Documentation reporting and retention

The terms and conditions of employment may be obtained from Grace Casey-Maprie, Virgin Guest Services Supervisor.

On the job training will be provided, in addition to formal training by Virgin staff. Assessment of Virgin guest services staff is constantly undertaken in accordance with Virgin Human Resources and Operational Policies.

Virgin also has a very strong on occupational and safety culture, which all Guest Services employees must comply with.

Closing date for the Expression of interest will be by the Close of business (3.30pm), 24 April 2015, and all correspondence is to be sent to Grace Casey-Maprie, Virgin Guest Services - Supervisor.

For any additional information please contact myself on 08 91 62 6569.

Thankyou

Grace Casey-Maprie

Virgin - Guest Services Supervisor

## Geof's Birds Nest

Geof and Pam have been on the mainland so here are some pretty birds.

Anyone for tennis?

These little fairy wrens are way smaller than a tennis ball.



## Green Living Tips

### 10 EASY STEPS TO HELP PROTECT CORAL REEFS

**Conserve water:** The less water you use, the less runoff and wastewater will pollute our oceans.

**Help reduce pollution:** Walk, bike or ride the bus. Fossil fuel emissions from cars and industry raise lead to ocean warming which causes mass-bleaching of corals and can lead to widespread destruction of reefs.

**Use only ecological or organic fertilizers:** These products flow into the water system, pollute the ocean, and can harm coral reefs and marine life.

**Dispose of your trash properly:** Don't leave unwanted fishing lines or nets in the water or on the beach. Any kind of litter pollutes the water and can harm the reef and the fish.

**Support reef-friendly businesses:** Ask the fishing, boating, hotel, aquarium, dive or snorkelling operators how they protect the reef. Be sure they care for the living reef ecosystem and ask if the organization responsible is part of a coral reef ecosystem management effort.

**Plant a tree:** Trees reduce runoff into the oceans. You will also contribute to reversing the warming of our planet and the rising temperatures of our oceans.

**Practice safe and responsible diving and snorkelling:** Do not touch the reef or anchor your boat on the reef. Contact with the coral will damage the delicate coral animals, and anchoring on the reef can kill it, so look for sandy bottom or use moorings if available.

**Volunteer for a coral reef cleanup:** Many people visit a coral reef on their vacation. Spend an afternoon enjoying the beauty of one of the most diverse ecosystems on the Earth.

**Contact your government representatives:** Demand they take action to protect coral reefs, stop sewage pollution of our oceans, expand marine protected areas and take steps to reverse global warming.

**Spread the word:** Remember your own excitement at learning how important the planet's coral reefs are to us and the intricate global ecosystem. Share this excitement and encourage others to get involved.

*More tips in next edition...*





To the Cocos Community,

On behalf of the Persatuan Islam Pulu Cocos, it is with great pleasure that I invite you to our Official Opening Ceremony of the new mosque on Home Island.

Date: **Sunday 5th April 2015**

Venue: **Mosque Lot223 Home Island**

We hope you can attend to help us celebrate this special occasion and be part of this historical event.

Schedule of the day's event are as follows:

*Kepada Masyarakat Pulu Cocos,*

*Dari pihak Persatuan Islam Pulu Cocos, dengan senang hati kami menjemput saudara/saudari ke majlis Pembukaan Resmi masjid baru di Home Island.*

*Tanggal: Hari Minggu 5hb April 2015*

*Tempat: Masjid Baru Home Island*

*Kami harap saudara/saudari dapat hadir bersama untuk merayakan perayaan istimewa ini dan bersama-sama dihari yang bersejarah ini.*

*Acara untuk hari ini seperti berikut:*

## **Official Opening of Cocos Islands Mosque Pembukaan Resmi Masjid Pulu Cocos**

### **Schedule of Events**

#### **Acara Pembukaan**

12.15pm	Midday Prayers <i>Sembayang Zohor (Di Masjid Darul Aman)</i>
12.30pm	Opening Speech by PIPC Rep <i>Ucapan Pembuka oleh wakil PIPC</i>
	Administrator's Speech <i>Ucapan Administrator</i>
	Presentations by PIPC <i>Persembahan oleh PIPC</i>
	Open Mosque for Visitors <i>'Masjid Terbuka' untuk Pelawat</i>
	Community Luncheon <i>Makan Tengah Hari untuk Masyarakat</i>
3.15pm	Blessing of New Mosque by Imam <i>Selamatan Masjid Baru dipimpin oleh Imam</i>
3.30pm	Prayers <i>Sembayang Asar (Di Masjid Baru)</i>

### Did You Know???

Human fingers can feel objects as small as 13 nanometers. "This means that, if your finger was the size of the Earth, you could feel the difference between houses from cars."

### Cocos Malay Words

Stay - *Tinggal*  
Go - *Pigi*  
Move - *Bergerak*  
Fall - *Jatoh*  
Stand - *Bediri*  
Leaning - *Miring*  
Withdraw - *Cabut*  
Remain - *Tinggal*  
Cut - *Potong*  
Join - *Sambung*



**EZGO**  
EXCELLENCE IN MOTION

ELECTRIC AND PETROL GOLF CARS



**CUSHMAN**  
LET'S WORK.

HEAVY DUTY UTILITY VEHICLES

**BAD-BOY**  
BUGGIES

OFF-ROAD 2WD AND 4WD

### Sale of 'Ikan Hiju' | 12 seater Electric Bus

The Cocos Keeling Islands Tourism Association invites tenders for the purchase of 'Ikan Hiju', the 12 seater, electric bus located on Home Island on a as is, where is basis.

It is a requirement that the successful tenderer collect 'Ikan Hiju' within 14 days of being notified of having been successful.

For further information relating to the condition of 'Ikan Hiju', please contact Kerenda Keogh on [manager@cocoskeelingislands.com.au](mailto:manager@cocoskeelingislands.com.au). The highest tender will not necessarily be the successful tender.

Anyone wishing to purchase 'Ikan Hiju' is required to tender in writing, sealed in an envelope, addressed to the undersigned and lodged with Kier Fraser, DIRD office West Island by 3pm Thursday 16<sup>th</sup> April 2015.

Your tender must include;

- Your Name
- The price offered
- Intended use of 'Ikan Hiju'

Kerenda Keogh  
Visitor Centre Manager  
Cocos Keeling Islands Tourism Association  
PO Box 1030, Cocos Keeling Islands 6799







Government of **Western Australia**  
Department of **Fisheries**

*Fish for the future*

## ***Fisheries fun facts***

Under a Service Delivery Agreement with the Department of Infrastructure and Regional Development, The Department of Fisheries WA (DoF) manages commercial fishing, recreational fishing and aquaculture activities at the Indian Ocean Territories (IOTs).

Since 2006, DoF has conducted research on commercial, recreational and iconic fish species, as well as fish habitats and invertebrates. Results of this research can be found at [www.fish.wa.gov.au/IOTs](http://www.fish.wa.gov.au/IOTs)

DoF would like to share the research results and some *Fun Facts* on species found at the IOTs with the community. Watch this space!

### **Billfish**

Billfish refers to a group of predatory fish characterized by their prominent bills and large dorsal fins, and include sailfish, marlin and swordfish. They are pelagic and highly migratory fish found in all oceans, although usually inhabit tropical and sub-tropical waters. Billfish use their long sharp bills to stun or spear prey and have been known to spear boats, probably accidentally.

Billfish are capable of high speed bursts and rely on this ability to get away from predators, although fully grown billfish probably have few enemies besides large pelagic fish and killer whales. There is still much to learn about the biology of billfish, but tagging programs by sport anglers around the world have been helpful in establishing their extensive migration routes. Humans are definitely their biggest threat, even though sport anglers often tag and release their catches.



Sailfish by Darren Pearson

Feel free to contact Kim Boothman, Community Education Officer for the IOTs, at any time on [Kim.Boothman@fish.wa.gov.au](mailto:Kim.Boothman@fish.wa.gov.au) or Work: 9203 0345/Mobile: 0418 915 281.

## ***Fakta Fisheries Yang Menyenangkan***

*Dibawa Service Delivery Agreement dengan Department of Infrastructure and Regional Development, The Department of Fisheries WA (DoF) mengurus pemancingan 'commercial', pemancingan rekreasi dan aktiviti aquaculture di Indian Ocean Territories (IOTs).*

*Semenjak 2006, DoF telah menjalankan penyelidikan dalam commercial, rekreasi dan jenis ikan-ikan ikonik, termasuk tempat tinggal ikan dan invertebrates. Hasil daripada penyelidikan ini boleh didapati di [www.fish.wa.gov.au/IOTs](http://www.fish.wa.gov.au/IOTs)*

*DoF ingin berkongsi hasil penyelidikan dan beberapa "Fun Facts" berkenaan jenis-jenis yang didapati di IOTs dengan masyarakat. Jaga halaman ini!*

### **Billfish**

*Billfish berkenaan dengan kumpulan ikan yang dicirikan oleh tanduk dan sirik mereka yang besar, dan ini termasuk ikan layar, marlin, ikan pedang. Mereka adalah ikan gelaran 'pelagic' dan suka pindah-memindah tempat didapati disekeliling lautan, tetapi biasanya dilautan tropikal dan tempat-tempat lautan hangat. Billfish menggunakan tanduk mereka untuk pengsanakan atau menumbak makanan mereka dan telah diketahui pernah tanduk sekoci, mungkin dengan tidak sengaja.*

*Billfish mempunyai kebolehan untuk berenang dengan laju sekali dalam masa yang singkat dan bergantung dengan kebolehan ini untuk lari dari ancaman, walaupun billfish yang dewasa mungkin hanya mempunyai musuh yang sedikit kecuali ikan pelagic yang lebih besar dan killer whales. Masih banyak yang mesti dibelajarkan tentang billfish secara biology, tetapi rencana tagging oleh pemancingan disekitar dunia telah membantu untuk mengetahui perjalanan mereka. Manusia adalah ancaman terbesar mereka, walaupun pemancingannya banyak secara tag dan lepaskan.*

*Silahkan hubungi Kim Hands, Community Education Officer untuk IOTs, bila-bila masa saja di [Kim.Boothman@fish.wa.gov.au](mailto:Kim.Boothman@fish.wa.gov.au) atau Kerjaan: 9203 0345/Mobile: 0418 915 281.*



## Senator the Hon Nigel Scullion

Minister for Indigenous Affairs  
Leader of the Nationals in the Senate  
Country Liberals Senator for the Northern Territory

### Media Release

Friday 20 March 2015

### Funding for Indigenous visual arts industry projects

The Minister for the Arts, Senator the Honourable George Brandis QC today announced funding for initiatives that will benefit Aboriginal and Torres Strait Islander artists throughout Australia.

Funding of \$242,000 will be provided to five projects through the 2014-15 Indigenous Visual Arts Industry Support (IVAIS) program which supports industry service organisations and Indigenous-owned art centres.

Country Liberals Senator for the Northern Territory Nigel Scullion welcomed the Australian Government's funding for a training project at Desart Inc.

"\$85,000 has been provided to Desart Inc to deliver training for Indigenous art centre staff on use of the Stories Art Money (SAM) database, an online art cataloguing and sales system used by over 60 art centres nationally," Senator Scullion said.

Desart is the non-profit peak industry body for over 40 Central Australian Aboriginal art centres and is based in Alice Springs.

"Indigenous art centres are the source of some of Australia's most dynamic visual art. They provide the infrastructure and access to relationships that allow artists to create new art, develop professional skills and connect to the commercial art market" Senator Brandis said.

The IVAIS program provides core funding to around 80 Indigenous-owned art centres and five service organisations that provide professional opportunities to over 6,000 Aboriginal and Torres Strait Islander visual artists and 300 arts workers, most living in remote communities.

"Indigenous art centres are often the hub of remote communities and play a significant role in providing training, economic development, leadership and employment opportunities for Australia's Aboriginal and Torres Strait Islander peoples" Senator Brandis said.

More information about the Indigenous Visual Arts Industry Support Program can be found on the [Ministry for the Arts](#) website.

For further information contact Senator Scullion:

- Darwin electorate office (08) 8948 3555
- Canberra Parliament House office (02) 6277 7780
- Media adviser Russel Guse 0419 432 418



**Office of the Administrator Indian Ocean Territories**

Territory of Christmas Island

Territory of Cocos (Keeling) Islands

Barry Haase

**Community Bulletin****Reference Number:** A13/2015**Date:** 27 March 2015

This Bulletin is being distributed on behalf of the Secretariat for the Joint Standing Committee on the National Capital and External Territories

**Joint Standing Committee on the National Capital and External Territories visit to Cocos (Keeling) Islands and Christmas Island****7-10 April 2015****Inquiry into governance**

The following Committee members will be travelling to the Indian Ocean Territories in April: Mr Luke Simpkins MP (Chair), Senator Chris Back, Ms Gai Brodtmann MP, Mr Ross Vasta MP and Ms Natasha Griggs MP.

The inquiry terms of reference are:

**Governance in the Indian Ocean Territories**

The Committee will inquire into and report on the interaction between formal institutions and the Indian Ocean communities, reviewing:

- the role of the Administrator and the capacity (and appropriateness) of the Administrator taking on a stronger decision-making role;
- existing consultation mechanisms undertaken by government representatives, including the IOT Regional Development Organisation, and best practice for similar small remote communities' engagement with Australian and state governments;
- local government's role in supporting and representing communities in the Indian Ocean Territories; and
- opportunities to strengthen and diversify the economy, whilst maintaining and celebrating the unique cultural identity of the Indian Ocean Territories.

The Committee will gather evidence at public hearings for its report which will make recommendations to the Australian Government. After the Committee has reported, it is the Government that decides whether or not to accept and action the recommendations.

Office of the Administrator, PO Box 868  
Christmas Island, Indian Ocean 6798  
Telephone: 08 9164 7960  
Facsimile: 08 9164 7961  
[www.infrastructure.gov.au](http://www.infrastructure.gov.au)

The community is advised that there will be formal and informal opportunities to engage with the committee members whilst on island.

The community is also encouraged to make written submissions. The closing date for written submissions is 24 April 2015. The submissions can be uploaded on the Committee website <http://www.aph.gov.au/IOT> or emailed to [jscncet@aph.gov.au](mailto:jscncet@aph.gov.au)

### JSCNCET COMMITTEE VISIT PROGRAM

#### Cocos Keeling Islands -7- 8 April 2015

7 April

5:30 pm - 6:30 pm                      Informal reception at Cyclone Shelter on West Island. All welcome.

8 April 2015

9: 30 am - 12 pm                      Roundtable public hearing with invited participants at Cyclone Shelter on Home Island. Members of the public are welcome to observe proceedings.

1 pm - 3 pm                              Community statements at public hearing in Cyclone Shelter on Home Island.\*

#### Christmas Island -9 April 2015

10:00 am - 11:30 am                      Community statements at public hearing at Christmas Island Recreation Centre\*

11:45 am - 12:15 pm                      Public hearing continues - Softstar Pty Ltd. Members of the public are welcome to observe proceedings.

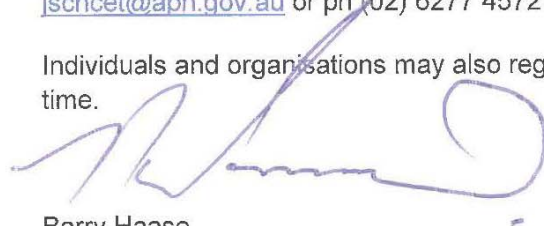
1:15 pm - 4:15 pm                      Roundtable public hearing with invited participants at Recreation Centre. Members of the public are welcome to observe proceedings.

4:30 pm to 5:30 pm                      Informal reception with locals at Recreation Centre. All welcome.

#### \*Community statements sessions

Any individual or organisation that wishes to make a short statement to the Committee during the community statements sessions is asked to please register their interest with the secretariat via email [jscncet@aph.gov.au](mailto:jscncet@aph.gov.au) or ph (02) 6277 4572 by COB 1 April.

Individuals and organisations may also register to make a statement on the day, subject to available time.



Barry Haase  
Administrator  
Indian Ocean Territories



## FORTNIGHTLY OM

inspirational thoughts for a happy,  
healthy and fulfilling day

## LOWER BACK PAIN??



What causes it?

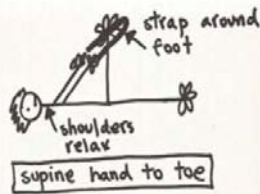
It could be many things... From sitting long hours in front of the computer or in a car, tractor or machine at work, or even in front of the television, up to something to do with our posture... how we walk, lift things, or sit. Sometimes we are over using our lower back, or we are not exercising it in our daily chores. Maybe the reasons are not so physical and more mental such as stress, over worrying or anxiety. It could be a reaction of the mind to something that is happening to us, or around us. Whenever the mind doesn't like something, situations, people, weather, food. Instead of accepting them "as they are" the mind reacts and creates blockages. These blockages can be subtle and almost invisible, but if we don't heed them and let them accumulate, they get together with others and through the days, weeks, months and years creating little knots at first, becoming pain in the long term in our back, lower back, neck, shoulder, knees.

As the expression says "USE IT OR LOOSE IT". Let's try to use it then.

Here are a few stretches for your lower back pain. While you do them remember to breath and focus on your breath. Take your time. Listen to your body. Back off if there is any pain. Discomfort is good, but not pain. Through the exhalations we can push deeper. Try to relax, have fun and enjoy.

## 1 - SUPINE HAND TO TOE

Lying on your back bring a strap or belt around your right foot. Straighten that leg toward the ceiling, while the other one is resting on the floor. Press out through both heels. If the lower back feels strained, bend the left knee and place the foot on the ground. *Hold for 2-3 minutes each side*



## 4 - LEGS UP THE WALL

Scoot your buttocks all the way into the wall and swing your feet up the wall. This pose is excellent for relaxing the muscles of the lower back and drains stagnant fluid from the feet and ankles. Do this pose after a challenging workout, always after traveling by plane, or even if you feel stress, overwhelmed and you need to relax and unwind. *Hold for 5-10 minutes.*



## 2 - TWO KNEE TWIST

Lying on your back, bend your knees into your chest and bring your arms out at a T. As you exhale lower your knees to ground on the right. Keep both shoulders pressing down firmly. If the left shoulder lifts, lower your knees further away from the right arm. *Hold for 1-2 minutes each side*



## 3 - SPHINX

Lying on your stomach, prop yourself up on your forearms. Align your elbows directly under your shoulders. Press firmly through your palms and the tops of your feet. Press your pubic bone forward. You will feel sensations in your lower back, but breathe through it. You are allowing blood flow into the lower back for healing. *Hold for 1-3 minutes.*



If you have any questions do not hesitate to ask me and don't be scared about the cost - it's for free - Remember that there is a yoga class on West Island every Saturday at 7am at the school.  
Cost: by donation.  
- LOVE, PEACE, JOY & LIGHT -

Olivia

"There are two basic motivating forces: fear and love. When we are afraid, we pull back from life. When we are in love, we open to all that life has to offer with passion, excitement, and acceptance. We need to learn to love ourselves first, in all our glory and our imperfections. If we cannot love ourselves, we cannot fully open to our ability to love others or our potential to create. Evolution and all hopes for a better world rest in the fearlessness and open-hearted vision of people who embrace life." — John Lennon

## Healthy Living Tips

## Embarrassing Medical Issue

Everyone deals with the occasional embarrassing medical ailment. Whether it's a rash that happens to be in an uncomfortable place or fluids leaking from places they shouldn't, the human body does weird things. Just because you acknowledge that, though, doesn't mean you want to advertise it to everyone around you. You still need to deal with your symptoms, though. Here are a few ways to limit the embarrassment of unusual medical issues.

## Do Your Research

If it's really embarrassing, it doesn't hurt to do a little research first. Maybe it's a perfectly normal problem you can treat at home. Just make sure you don't pay too much attention to the internet. There's a certain hypochondria that sets in when you're searching through medical forums online. If you're really worried about something you've read, talk to your doctor.








## Treat It at Home

Many minor but embarrassing medical ailments can be treated at home. You may prefer to purchase over-the-counter medications for certain kinds of itches or rashes via the internet or self-checkout lane at the grocery store. It very rarely hurts to try an over-the-counter solution first to see if that solves your problem. Of course, if your problem is serious or life threatening, you should talk to your doctor.

## Tell Your Doctor

If nothing else works, you must talk to your doctor. There's no good way around it, even if you are a trained medical expert yourself. Your health always takes priority over embarrassment.

More tips in next edition...

MON	TUE	WED	THU	FRI	SAT	SUN
KIDZ n SPORTS						
08	<p><b>SAILING</b> HI Kampong Atas Foreshore Under 12 year olds 8am - 11am</p> <p><b>FOOTBALL</b> WI OVAL 8am - 10am ALL AGES Ashley James Have a kick and learn the rules of Aussie football.</p>	<p><b>SAILING</b> HI Kampong Atas Foreshore Over 12 year olds 1pm - 4pm</p>	<p><b>SAILING</b> HI Kampong Atas Foreshore Under 12 year olds 8am - 11am</p> <p><b>VOLLEYBALL</b> WI School 8am - 10am Ryan Breadsell Serve it, spike it, block it, lets have a game of volleyball! HI kids will need to travel on the 7am ferry.</p>	<p><b>SAILING</b> HI Atas Foreshore Over 12 year olds 1pm - 4pm</p> <p><b>YOGA</b> WI School 4:30pm - 5:30pm ALL AGES Olivia Come and join Olivia do some stretches making you feel relax and calm. Please bring a towel or mat if you have one.</p> <p><b>TRAINING SESSION</b> HI CIRCUIT Hisham 4:30pm - 5:30pm 12 years &amp; over</p> <p><b>BOXERCISE</b> HI CYCLONE SHELTER 4:30am - 5:30am ALL AGES Tanja Hitchman Participate in boxercise with Tanja. Learn to box and get fit at the same time.</p>	<p><b>WALKING</b> WI ALL AGES Alan Thompson 8am - 9am Come and enjoy a morning walk around WI settlement with our locum nurse Alan Thompson, starting from the clinic.</p> <p><b>FISHING</b> HI ALL AGES 10:30am - 12am Charlie Pak Zam will take you to his secret spot to fish for bonefish, travelley, silveries and more. Bring along your fishing gear if you have any.</p> <p><b>CYCLING</b> WI CLUB 5pm - 6pm Tony Lacy Get ready and train for the next Cocos De Tour with Tony Lacy, starting from WI Club. Please bring your own bike.</p> <p><b>VOLLEYBALL</b> HI COURTS 7pm - 9pm Noor Enjoy a friendly game of night volleyball. Bring your friends along and be part of a team.</p>	<p><b>SAILING</b> Yacht Club Under 12 year olds 9am - 10am Over 12 year olds 10am - 1pm</p> <p><b>TABLE TENNIS</b> HI CYCLONE SHELTER 10am - 12am ALL AGES Azia Would you like to play a game of tennis on a table? It's a different kind of tennis so come down and check it out.</p> <p><b>RUGBY</b> HI 4:30pm - 5:30pm Zabidi Meet up with Zabidi as he shows you some of his tricks. Uncover Zabidi's tackling secret and try to bring him down.</p>
						



MON	TUE	WED	THU	FRI	SAT	SUN
<p><b>13</b></p> <p><b>TOUCH FOOTY</b> WI Oval 8:00am - 10:00am ALL AGES Amber Watters</p> <p>Join in an all ages touch footy game. Meet up with awesome Amber Watters as she runs you through the basics.</p>  <p><b>SAILING</b> WI Yacht Club Under 12 year olds 10am - 1pm Over 12 year olds 11am - 2pm</p>	<p><b>14</b></p> <p><b>SAILING</b> WI Yacht Club Under 12 year olds 10am - 1pm Over 12 year olds 11am - 2pm</p> <p><b>CRICKET</b> HI OVAL 8:30 - 10am ALL AGES Ozzie</p> <p>Come down for a fun game of cricket. Please bring a hat, water and sunscreen.</p> <p><b>BEACH GAMES</b> WI Yacht 4pm - 5pm ALL AGES Jo Soderlund</p> <p>Bring along your sandy feet and have some fun games at the beach.</p> 		<p>Cocos Islands CRC and Helen Bennett will be running a 'Melamine Pictureplate' activity at the CRC building on West Island on Thursday 9th of April from 8:30am - 10:30am. Don't forget to RSVP to the CRC by Wednesday 8th April and a payment of \$22 must be made by the 9th of April.</p> <p>Bring along a hat, sunscreen and water to all activities. Please arrive 10 minutes before the start of each activity so that activity can commence on time and I encourage everyone to participate in the school holiday programme activities.</p>   			
<p><b>TAKRAW</b> HI Takraw Court Behind CRC Building 5pm - 6pm Over 8 year olds Zeko</p> <p>Experience the game of Sepak Takraw. It is a sport primarily played in the Southeast Asia especially in the Philippines, Malaysia and Thailand. It is similar to volleyball, only the player kick the ball instead of using hands.</p>						

## Crossword



## ACROSS

1. More peculiar
6. \_\_\_ du jour = Meal of the day
10. Formally surrender
14. Pleasant
15. On the left or right
16. Region
17. Unreactive
18. Assistant
19. Coffee dispensers
20. A type of biologist
22. Carry
23. Shade tree
24. Whiskers
26. Genuine
30. Spanish for "Friend"
32. Cantillate
33. In a forbidding manner
37. Territory
38. Exaggerated nasality in speech
39. Essence
40. Not the roughest
42. Near
43. Crucifixes
44. Beat
45. Inspire
47. New Zealand parrot
48. Litigates
49. A shortened version
56. Competent
57. Anthracite
58. Juliet's love
59. Anger
60. Bucolic
61. Wall climbers
62. Computer symbol
63. To tax or access
64. Geeks

## DOWN

1. Norse god
2. Spanish lady
3. A song for 2
4. Beige
5. Withdraw
6. Sacred hymn
7. 53 in Roman numerals
8. Contributes
9. Dentition
10. Carefully
11. Mistake
12. Dings
13. Alleviate
21. Completely
25. In the past
26. Does something
27. Buddy
28. Tropical tuber
29. Unanticipated
30. Accumulate
31. Pepper\_\_\_
33. Was indebted
34. Lampblack
35. Verdant
36. The original matter (cosmology)
38. Relating to the chest
41. Foot digit
42. Demean
44. Crimson
45. Having three dimensions
46. Greetings
47. Slays
48. Indian dress
50. Portend
51. Beams
52. Relocate
53. Arab chieftain
54. Require
55. Throw

## Brain teaser Central!

This is an unusual paragraph. I'm curious as to just how quickly you can find out what is so unusual about it. It looks so ordinary and plain that you would think nothing was wrong with it. In fact, nothing is wrong with it! It is highly unusual though. Study it and think about it, but you still may not find anything odd. But if you work at it a bit, you might find out. Try to do so without any coaching!

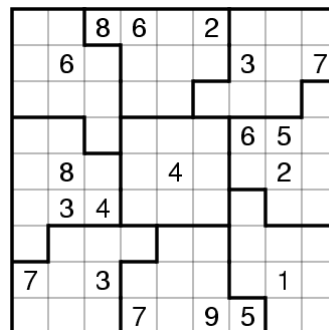
@dailygenius

## Sudoku Station

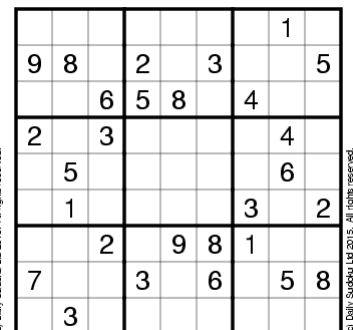
How do I do it?

The object is to insert the numbers in the boxes to satisfy only one condition: each row, column and group of squares enclosed by the bold lines must contain the digits 1 through 9 exactly once.

The rules for different size and shape puzzles are pretty much identical. The different size puzzles simply require a different set of numbers.



Daily Squiggly SuDoku: Tue 31-Mar-2015 hard



Daily SuDoku: Tue 31-Mar-2015 very hard



Sudoku Solutions

Crossword Solutions

Printed: Thursday, 2 April 2015

Brain teaser Answer

Page 18

There are no instances of the letter 'e' in this paragraph, despite the fact that it is the most commonly used letter in the English language.



Dates to Remember...		Tanggal Untuk Diingat...		
Date	Time	Particulars	Venue	Contact
07/04		Act of Self Determination Day Celebrations	Refer ad pg 6	Zaikat
08/04	1:30pm-3pm	Joint Standing Committee on National Capital and External Territories Visit	Cyclone Shelter HI	Sara 02 62774572
15/04	4pm	Request for Public Feedback - Resident Further Ed	Refer ad pg4	Jo 91626649
17/04	Midday	Public Comment - Proposed Tropical Garden Proposed Disposition of Property - Proposed Aquaculture Development	Refer ad pg3	Aaron 91626649 Jo 91626649
20/04	COB	Dental Asst & Reception Close Off	IOGTA	Brendan 91627667
24/04	3.30pm	EOI Virgin Guest Services	Coop	Grace 91626569

#### Birthdays & Anniversaries

*Wish to send love ones special messages on their birthdays and anniversaries?  
Drop in at the Telecentre or email [communications@cocos.wa.gov.au](mailto:communications@cocos.wa.gov.au)*

### "A Cocos Moment"



Big congratulations to Shantell and Joel. Welcome to the world baby Tayo Kayman Conliffe

*Do you have a Cocos Moment you would like to share?*

*Email your favourite photo to [cocosislands@crc-net.au](mailto:cocosislands@crc-net.au) or drop into the Community Resource Centre.*



## Upcoming 2015 Community Events

Event Name	Event Date	Event Host
Scroungers - Easter Hat Dress Up	02/04/2015	Cocos Islands Golf Club
Good Friday	03/04/2015	Public Holiday
Mosque Official Opening	05/04/2015	PIPC
Easter Bunny	05/04/2015	Cocos Club—Scout Park
Easter Monday	06/04/2015	Public Holiday
Self Determination Day	07/04/2015	Public Holiday
Melamine Picture Plate with the kids	09/04/2015	Cocos Islands CRC
Golf - 2 ball best ball	12/04/2015	Cocos Islands Golf Club
Kids Movie Night	17/04/2015	Cocos Club
Shire Council Meeting	22/04/2015	Shire of Cocos Keeling Islands
ANZAC Day	25/04/2015	North Park—Lunch
IOTHS - Podiatrist Visit	20—27 April	IOTHS
Golf - single stableford	19/05/2015	Cocos Islands Golf Club
Indoor Sports Comp	25/05/2015	Cocos Club
Shire Council Meeting	27/05/2015	Shire of Cocos Keeling Islands
Australia's Biggest Morning Tea	28/05/2015	Cocos Islands CRC
Picnic in th Park	07/06/2015	Coocs Club
West Island Market Day	13/06/2015	Cocos Islands CRC
Shire Council Meeting	24/06/2015	Shire of Cocos Keeling Islands

The above events with further details are all advertised on the Cocos Islands CRC website.

If you have a community event you would like to advertise, please contact our office with your details.

This is a FREE service for our Community.

Phone: 9162 7707 Email: [cocosislands@crc.net.au](mailto:cocosislands@crc.net.au) Website: [www.cocos.crc.net.au](http://www.cocos.crc.net.au)





The next edition of The Atoll will be produced on:  
*Edisi The Atoll selanjutnya akan dikeluarkan pada:*

All items/materials must be received by:  
*Semua majalah mesti diterima sebelum:*

**Thursday 16th Apr 2015**

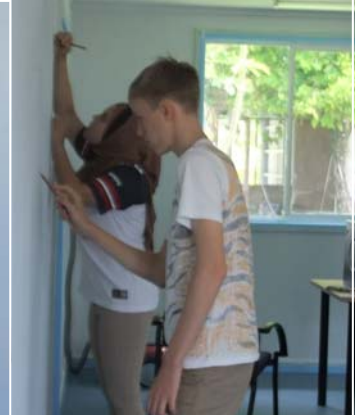
**1:00pm Tuesday 14th Mar 2015**

### Cocos Snapshots 2...

### Gambaran Cocos 2...



CIYC giving their centre a facelift



Pulu Cepelok camping crew



### Have Your Say



Letters to the Editor will either be accepted or rejected by the Editor. Items need to be:



- Accurate and/or factual
- Not defamatory or inflammatory
- Identified by author

Please take into consideration our format when preparing your items/materials to make the most of the spaces available.

The Atoll publication staffs reserves the right to edit the formatting of articles submitted for publication.

Materials should preferably be electronically forwarded to: [cocosislands@crc.net.au](mailto:cocosislands@crc.net.au)

To ensure a timely distribution of the newsletter, we request that all items/materials be forwarded before 1pm, 2 days prior to its distribution date.

### Disclaimer

The views expressed in articles in this newsletter are not necessarily the views of the editors or other volunteers who work to produce The Atoll.

The editor has the right to withhold, edit or abbreviate items as considered necessary.

No responsibility is accepted for any statement of opinion, any error or omissions.